

HeraldPOST

Serving the communities in U.S. Army Garrison Baden-Württemberg

HP THURSDAY
April 26, 2012

Speed Read

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LIONS TRACK PLACES

The Heidelberg Lady Lions track team took first place and the boys finished third in a track meet Saturday at Ansbach. 17



Joint Training

Spc. Glenn M. Anderson

Army Reserve Soldiers with the 773rd Civil Support Team, 7th Civil Support Command, based in Kaiserslautern, set up a decontamination tent as participants in a U.S. Army Garrison Brussels joint anti-terrorism force protection exercise at Brussels American High School in Zaventem, Belgium, April 12. Several different agencies including the Zaventem fire department, the Red Cross, medical groups and the Defense Threat Reduction Agency teamed up for a training scenario in which a chemical agent was released into a classroom, resulting in casualties and creating chaos due to its toxic nature.

Reservists conduct joint training

By Spc. Glenn M. Anderson
221ST PUBLIC AFFAIRS DETACHMENT

department here, April 9-14.

ZAVENTEM, Belgium – Army Reserve Soldiers with the 773rd Civil Support Team, 7th Civil Support Command, based in Kaiserslautern, participated for the third straight year in an annual joint training exercise with the Zaventem fire

In addition to the fire department training, the 773rd CST participated in a U.S. Army Garrison Brussels joint anti-terrorism force protection exercise at Brussels American High School here.

“We’re having a great time and a lot of good lessons are see **RESERVISTS** page 12



Spc. Glenn M. Anderson

Staff Sgt. David Eagan and Sgt. David Larkin, survey specialists with the 773rd Civil Support Team, 7th Civil Support Command based in Kaiserslautern, enter a decontaminated building during a U.S. Army Garrison Brussels joint anti-terrorism force protection exercise at Brussels American High School in Zaventem, Belgium, April 12.

Heidelberg Soldier named best warrior

By Troy Darr
IMCOM EUROPE PUBLIC AFFAIRS

Installation Management Command Europe announced the winners of the 2012 Best Warrior Competition in a ceremony in Hei-

delberg April 17.

Staff Sgt. Robert C. Donovan from U.S. Army Garrison Baden-Württemberg Directorate of Emergency Services and Spc. Shaquana S. Taylor from USAG Stuttgart Religious Support Of-

fice are the Best Warrior Noncommissioned Officer and Soldier of the Year.

The Best Warrior Competition, held in Grafenwöhr April 2-5, consisted of a number of warrior tasks and drills

including an Army Physical Fitness Test, marksmanship, an essay and written examination, a 12-mile foot march with a 35-pound rucksack, warrior tasks and drills, day and night see **WARRIOR** page 12

Defense Details

VIETNAM MEDAL OF HONOR

Army Spc. 4 Leslie H. Sabo Jr., a rifleman with the 101st Airborne Division during the Vietnam War, will posthumously receive the Medal of Honor in a May 16 ceremony, White House officials announced last week. Sabo is credited with saving the lives of several of his comrades in Company B, 3rd Battalion, 506th Infantry, when his platoon was ambushed near the Se San River in eastern Cambodia May 10, 1970. Sabo shielded a comrade from an enemy grenade, assaulted an enemy flanking force, killed several enemy Soldiers and silenced a machine-gun bunker before he was killed. Sabo's widow, Rose Mary Sabo-Brown, and his brother, George Sabo, have been invited to the White House for the ceremony.

www.defense.gov
www.army.mil/news

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COMMENTARY

Volunteers make a world of difference

By **Col. Bryan DeCoster**
USAG BADEN-WÜRTTEMBERG COMMANDER

Tonight at the Patrick Henry Village Pavilion Community Center in Heidelberg, 25 people, two families and one group will receive well deserved recognition as volunteers of the year in the U.S. Army Garrison Baden-Württemberg.

The event normally packs the ballroom, but if every single person who volunteered were to actually attend the event, we could fill the ballroom 42 times. Imagine if we did that – filled the ballroom 42 times with our 3,015 registered volunteers.

Then, consider the spectators. Tonight, family members, coworkers, fellow volunteers and supervisors will be there to watch. So, if we add the people who love the volunteers and who want to celebrate their achievements, we would probably need a football stadium to accommodate the crowd of well wishers and cheerleaders.

How fitting that would be. Volunteers impact the garrison in much the same way. They magnify our ability to help our community members enjoy a quality experience as part of the Armed Forces in Germany.

They multiply our productivity as we conduct programs and services for the community. Each small act, selflessly given, ripples through the

community making it stronger and better.

Our volunteers include those of all ages, from all walks of life – 1,335 are Soldiers, by the way.

Often, their interests direct them toward where they work – the theater, the newspaper, the swim team or the tax center.

To get referred to the right office, they work with Army Volunteer Corps Coordinator Ms. Norma Ewers who receives many of the requests online and manages them through the Volunteer Management Information System.

One volunteer corps member works for Ms. Ewers at Army Community Service. Ms. Ronda Latta teaches classes and assists with almost all of the ACS programs. She, like many volunteers, does it because, “It makes me feel good that I’m helping somebody else,” she said.

She said the work also benefits her because it provides practical experience in her area of study. She is pursuing a master’s degree in counseling psychology.

I would guess that if we talked to all 3,015 volunteers, the majority of them would relate similar win-win stories about how their work rewards them and their organizations.

Another example of how volunteers improve garrison programs can be found in the Wood Shop on Patton Barracks where, after

it was announced that the facility would close, five people stepped forward and volunteered to keep it open another year.

I’ve volunteered. My wife volunteers. We meet folks every day who make volunteering a way of life. This is how we build resilience within our community.

They give more than an extra pair of hands to get the job done. They contribute skills, enthusiasm, passion and compassion.

They can be found throughout the community in offices, on the sports fields, in the gym or at the clinics donating their time and talent.

Ms. Ewers keeps track of their hours, and she reports they contributed a total of 173,005 hours in calendar year 2011.

Now, at the end of April, National Volunteer Month, ACS hosts this recognition dinner to sincerely thank these folks without whom our mission would be accomplished with fewer people, obviously, but also with less fun, less pizzazz and less depth.

Volunteers become part of our organizations and enrich them. As the theme of this event states, volunteers make a world of difference.

On behalf of those of us in the community who benefit from the work of volunteers, I send our thanks and grateful appreciation for all you do.

Volunteers of the Year

David Allen, Campbell Fitness Center; Karen Bezou, Postal Operations-Heidelberg; Kathleen Blood, Postal Operations-Mannheim; Wendy Brzezinski, 30th Medical Command; Alannah Bushart, United Service Organization; Marianne Davis, Heidelberg Thrift Shop; Susan Drexel, Heidelberg Community Spouses Club; Annemarie Fritz, Outreach KONTAKT Club; George Hall, Retirement Services Office; Jeremy Hildreth, Better Opportunities for Single Soldiers; Gina Janssen, 18th Engineer Brigade Family Readiness Group; Cynthia Keuning, American Red Cross; Denyse Koenigs, USANATO Brigade Family Readiness Group; Ronda Latta, Army Community Service; Mika Mlack, 1-214th Aviation Regiment; Lon Mullaney, Arts and Cultural Center; Katja Pinkston, Herald Post; Sarah Raney, Headquarters Medical Activity Family Readiness Group; Brian Rausch, Roadside Theater; Tracy Sammons, Tax Center; Susana Sargent, USAREUR Headquarters and Headquarters; Battalion Family Readiness Group; Fred Schenk, German American Women’s Club; Lori Seage, Heidelberg High School; Nicole Sullivan, Operations Company, U.S. Army Europe; Sheila Wilson, American Red Cross

Volunteer Families of the Year

Ed and Carol Isakson, Heidelberg International Wandering Club
Venice and Teodora Jones, USANATO Brigade Family Readiness Group

Volunteer Group of the Year

German American Women’s Club “Senior Citizen’s Home Stammberg”



www.facebook.com/BWnow
<http://myBWnow.ning.com>

DISCUSSION BOARD

Find out what your garrison commanders and members of your community are saying in the BWnow virtual community

"Want to win tickets to see Ozzy Osbourne and Black Label Society? Ozzy and BLS are going to be at the SAP Arena in Mannheim, Germany, on June 20th and we, AFN, have tickets. We'll give them away in May. Stay tuned to the [AFN] Powernet and [the AFN] Facebook page, AFN Powernet Afternoon Connect, for details."

—Russell Toof, BWnow Facebook fan

"The Heidelberg International Wandering Club will host its annual 5-kilometer Kiddie Volksmarch for children up to 12 years old 9 a.m.-noon April 28, starting and finishing at the Patrick Henry Village Library in Heidelberg. Finishers will receive a medal and certificate. Children must be accompanied by an adult. For more information, visit www.hiwc.de."

—BWnow Facebook Administrator

"Oh, cool! We had a really good time last year!"
—Nina Fierro, BWnow Facebook fan

"What a cute idea. We will be there as long as I remember."

—Laura McKinstry, BWnow Facebook fan



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Submissions are welcome, including letters to the editor, but we reserve the right to edit for style, space, libel, clarity, security and good taste. To be considered for publication in a particular issue, they must be in our hands by noon the preceding Thursday.

Army leaders seek to keep Soldiers safe through training, awareness presentation

By Lori Yerdon
USACR SAFETY CENTER

In a continued effort to make Soldiers and their family members aware of hazards they may face while participating in off duty activities, the U.S. Army Combat Readiness and Safety Center has launched its annual Off Duty Safety Awareness Presentation.

Historically, the Army experiences a steady increase of accidental fatalities between the months of April and May through the end of the fiscal year, and a majority of these accidents occur off duty.

"In the last five fiscal years, we've lost an average of 137 Soldiers in off duty accidents each year," said Tracey Russell, Safety and Occupational Health Manager, USACR and Safety Center. "So far this fiscal year, we've seen a decrease in off duty accidents in comparison with the same time frame during last fiscal year. To continue this trend, it's critical that Soldiers apply the principles of composite risk management to their off duty activities," Russell added.

The goal of the presentation is to arm commanders and leaders with the knowledge to educate, empower and challenge Soldiers, and most importantly, raise awareness as the Army enters this critical juncture and deadliest period of the fiscal year.

At approximately 50 minutes

long, the presentation comes complete with embedded videos depicting actual accidents involving Soldiers and speaker notes. Briefers have the ability to tailor the notes to reflect particular trends in their unit.

"The off duty safety awareness presentation is one of many tools that we have available to everyone in our Army Family to help prevent the next accident," said Brig. Gen. William T. Wolf, USACR and Safety Center commander and director of Army safety.

"This presentation provides great conversation starters for young leaders by sharing real-world stories that Soldiers can relate to and talk about with not only their leadership, but their family and friends as well," he said.

"Awareness is a key component in reducing accidental losses," Wolf added. "And if Soldiers are aware of the off duty hazards they face in the upcoming months, they can become part of the solution in preventing the next accident and needless loss of lives."

The 2012 Off Duty Safety Awareness presentation, titled "If you accept the risks ... can you afford the costs?" is available on the USACR and Safety Center website at <https://safety.army.mil/ODSAP>.

An Army Knowledge Online login is required to access the site.

Earth Week Artwork



Samantha Rogers

Students from Patrick Henry Village Elementary school in Heidelberg show off their artistic skills during a chalk drawing activity at the Heidelberg commissary April 17. The group of fifth graders drew before and after pictures to illustrate the damaging effects of pollution on the environment and to encourage residents to take care of the Earth. The activity was one of several hosted by the environmental division during the garrison's annual Earth Week.

To submit an ICE comment, look for "ICE-HD" for Heidelberg, "ICE-MA" for Mannheim or "ICE-KU" for Kaiserslautern at the bottom of the garrison website's home page at www.bw.eur.army.mil.

Illustration by Hannah Weira

Interactive Customer Evaluation allows customers to rate products and services provided by Department of Defense offices and facilities worldwide.

Comment card ratings are used to improve the products and services in the U.S. Army Garrison Baden-Württemberg. Community members are encouraged to use the ICE system to provide feedback, both positive and constructive, about garrison

issues.

The garrison convenes a Chill Board each quarter to discuss and evaluate the satisfaction rates received from customers throughout the community.

The Herald Post will periodically feature issues brought to leaders through the ICE system and ask readers to submit comments on garrison social media sites.

Issue: Child care in Kaiserslautern

Scope

The Kaiserslautern Military Community provides hourly and full-day child care at Landstuhl Regional Medical Center, Kleber Kaserne and Miesau Army Depot. There are waiting lists for care even as the garrison works to best balance full time care needs with

valuable hourly care.

Customer Feedback

Across the KMC, families frequently submit ICE comments about the availability of child care for their children.

Command Response

Child, Youth and School Services looked at waiting lists and noticed the

greatest numbers were for toddlers. To fill the need, CYSS opened some full time toddler spaces at Landstuhl, and on April 10, opened a new Toddler Room on Kleber Kaserne that accommodates a dozen families for full day care. The combined effort takes 17 children off the waiting list.

What do you think?

Express your opinion on Facebook (www.facebook.com/army.kaiserslautern) by answering the question: "What do you think of the new Toddler Room on Kleber Kaserne in Kaiserslautern?" Comments may also be emailed to the Herald Post at usaghd.post@eur.army.mil or usarmy.badenwur.usag.mbx.post-newspaper@mail.mil.

Bnow Feedback on previous ICE issue – Online scheduling for ID Cards and DEERS offices:

"I used the ID Card scheduler and had to wait a total of two minutes. There were others there that didn't and they were still waiting when I left. Definitely recommend it."

Mark Twain Village Chapel worship services to end in June

USAG Baden-Württemberg RSO

As a result of U.S. Army Garrison Baden Württemberg's ongoing transformation, the garrison commander has approved changes to community worship services held at the Mark Twain Village Chapel in Heidelberg starting June 10.

The Mark Twain Village-East area, where the chapel is located, will close by the end of the September.

The Religious Support Office needs time during the summer months to work through the proper disposition of MTV chapel property and clear the chapel prior to the September closure.

Chapel services will transfer to Patrick Henry Village and Nachrichten Kaserne.

The last services at the MTV chapel will be June 3.

On June 9-10, services at MTV will relocate according to the following schedule.

The Protestant service will move to the Nachrichten Chapel and be held at 10:45 a.m. Family fellowship dinner and Bible studies will be held 6 p.m. every Wednesday starting June 13 at the PHV Chapel.

The Gospel service will move to PHV Chapel and be held at 8 a.m. Sunday School will take place 10:30 a.m. Sundays at the Heidelberg High School.

Catholic Masses will consolidate on PHV with a 5 p.m. vigil on Saturdays, noon Mass on Sunday and 12:05 p.m. Masses on weekdays.

The weekday Masses will begin June 4.

The Lutheran service will move to Nachrichten Kaserne and begin at 9 a.m.

Jewish services will end at MTV, take a brief recess and resume at sunset June 22 on PHV. A Shabbat fellowship meal takes place following the services.

The Islamic Jumah Service will continue to be held 1 p.m. Fridays at the PHV chapel.

For information, contact the Baden-Württemberg Chaplain's Office at DSN 373-6190, civ. 06221-17-6190.

transformation UPDATE

Frequently Asked Questions

Have a transformation-related question you'd like answered?

E-mail usarmy.badenwur.usag.mbx.post-newspaper@mail.mil. We'll find the answer for you and share it in the Herald Post and on the garrison's transformation Web page at www.bw.eur.army.mil/transformation.

What are the plans for housing on Patrick Henry Village? Is there a possibility that a lieutenant colonel living in a stairwell could choose to move into the colonel quarters?

No policy decision has been made yet. The issue will still need to be reviewed by the senior mission commander in this area. The first priority is relocating this summer and fall those families that need to move in order for the garrison to complete the necessary closures in Mannheim and on Mark Twain Village. We need to be sure we have adequate housing for families first before we can concentrate on convenience moves. It is also dependent upon how much money the garrison has. Although it may seem as though these moves are easy, there is still money required because there has to be maintenance done on the quarters that you want to move into. As houses become open, people start moving up and we have a chain effect, and that requires a lot of in-between maintenance that has to be performed in all of those quarters.

I currently do not have a transportation entitlement to the United States. Will I still be eligible for a government-funded move to Wiesbaden?

Yes; however, the intra-theater move to Wiesbaden will not create a transportation entitlement to the United States.

I deploy this summer. My son goes to Heidelberg High School. Since he plays sports, will it have a team or will students be bused throughout Germany?

Heidelberg High School will be open for the 2012-13 school year and anticipates offering the same activities it has during the current 2011-12 school year.

Should we expect to see a raise in COLA for the service members staying behind – maybe a COLA survey?

Military finance centers pay Cost Of Living Allowance in U.S. dollars based on the currency exchange rate. COLA is calculated by comparing the prices of goods and services overseas with average prices for equivalent goods and services in CONUS. If prices in CONUS are rising at a greater rate than those overseas, COLA will decrease. If prices overseas are rising at a greater rate than those in CONUS, COLA will increase. For information about overseas COLA, see www.defensetravel.dod.mil/site/cola.cfm. COLA rates wouldn't be affected by changes in access to military facilities.

Our child goes to Patrick Henry Elementary. When we move, do we need to re-enroll him in the new school or will his paperwork be forwarded?

Individuals who are PCSing and enrolling in another Department of Defense Dependents School in Europe can carry their paperwork to the new school. Parents must also ensure they disenroll their child from their current school. If you are changing to a stateside school, your child's paperwork will need to be forwarded. Contact the your child's school for further guidance.

Town Hall Meeting

U.S. Army Garrison Baden-Württemberg will hold a town hall meeting 2 p.m. May 3 at the Village Pavilion Community Center in Heidelberg. The meeting will be aired on the program guide and the Heidelberg virtual channel, 15 on an AFN decoder, or the AFN Atlantic Prime channel from on post. It will also be streamed on the AFN Europe website (www.afneurope.net), on the USAG BW Facebook page (www.facebook.com/bwnow), and the garrison website (www.bw.eur.army.mil/community_life/townhall.html) page for fans to watch and ask questions. To email questions ahead of time, place "town hall meeting" in the subject line and direct an email to usarmy.badenwur.usag.mbx.post-newspaper@mail.mil or ask on the USAG BW Facebook page.

Facilities Operations Changes Mannheim

Barber Shop – The Mannheim Barber Shop will close April 30 due to low customer usage. Customers may use the Coleman Barber Shop 10 a.m.-4:30 p.m. Tuesday-Friday. However, the Coleman Barber Concessionaire has agreed to remain open until 5 p.m. after April 30 if customer traffic increases.

Coleman Clinics – The Coleman Troop Medical Clinic will cease full patient care services June 1, to include pharmacy services, and will transition to sick call support beginning June 4. In addition, all dental support at the Coleman Dental Clinic, to include dental sick call services, will cease May 1. Dental services for the Mannheim-Coleman Soldier population will transfer to the Patrick Henry Village Dental Clinic in Heidelberg. The sick call sign-in hours at Coleman TMC beginning June 4 will be 8-9:30 a.m. Sick call service will be reassessed on a monthly basis to determine continuation based on use. DSN 371-3130, civ. 06221-17-3130.

UPDATED – Commissary – Deli and bakery operations will cease May 1. Sandwiches will be available in the grab 'n go, as will special ordering capability and hot rotisserie chicken. The commissary hours are now 11 a.m.-7 p.m. Wednesday-Sunday. The commissary is slated to remain open through August. DSN 385-3940, civ. 0621-728-3611.

Community Bank – The Community Bank on Sullivan Barracks is closed Mondays. It is open 9:30 a.m.-4 p.m. Tuesday through Friday and 10 a.m.-1:30 p.m. Saturday.

Gas Station – The Gas Station on Benjamin Franklin Village in Mannheim is closed on Mondays to coincide with the operating hours of the Exchange, which is also closed Mondays. There is no access to BFV South (PX gate) on Mondays.

Sexual Assault Hotline Consolidated – The 24-hour sexual assault and domestic violence hotline for Mannheim and Heidelberg is civ. 0170-609-2862.

SORT Center – The SORT Center, Bldg. 804-806, on Funari Barracks accepts hazardous waste turn-in 10 a.m.-noon on Mondays and Wednesdays. If Monday is a German or U.S. holiday, turn-in days are 10 a.m.-noon Wednesdays and Thursdays. Email environmental@eur.army.mil. Normal SORT Center hours are 8 a.m.-4 p.m. Monday-Saturday and closed holidays. DSN 380-4242, civ. 0621-730-4242.

Alternative: Heidelberg's Recycling Center is open for household hazardous waste turn-in 8 a.m.-4 p.m. Monday-Saturday, Bldg. 4830, on Patrick Henry Village. DSN 388-9321, civ. 338-9321.

Self-Help – The Self-Help Store on Funari Barracks at the recycle center compound is open 10 a.m.-6 p.m. Tuesdays, 10 a.m.-2 p.m. Saturdays and closed German and U.S. holidays. DSN 380-4435, civ.

0621-730-4633.

Tax Relief Office – The Tax Relief Office on Sullivan Barracks has the following hours: 10 a.m.-3 p.m. Monday, Wednesday and Friday, closed Tuesdays, Thursdays, weekends and U.S. holidays. DSN 385-1780, civ. 0621-730-1780.

UPDATED – WIC Office – The Women, Infants and Children Overseas office has further reduced office hours due to transformation and reduced base population. It is open 9 a.m.-2 p.m. Tuesdays and Wednesdays and 7:30 a.m.-4 p.m. Thursdays.

Heidelberg

Airport Shuttle Buses – The free shuttle bus service for service members, DOD civilians and their families departing Germany from Ramstein Air Base on the Patriot Express departs Heidelberg **4:20 a.m.** every Tuesday from the Patrick Henry Village Guest House, Bldg. 4527, Grasweg, 69124 Heidelberg. Contact USAG Baden-Württemberg Central Processing Facility in the Community Support Center, Room 180, Bldg. 3850, at the Heidelberg Shopping Center. DSN 370-7343/6711, civ. 06221-57-8399, usarmy.badenwur.usag.mbx.cpf@mail.mil. **The shuttle bus to the Frankfurt Airport** departs Heidelberg 7:30 a.m. Monday-Friday from the PHV Guest House and returns to Heidelberg 11 a.m. or 2:30 p.m. Monday-Friday and approximately 11 a.m. Saturday if there are Soldiers traveling to Heidelberg. Frankfurt Gateway Reception Center in the Shelton Hotel: DSN 334-6903/6905, civ. 069-6959-73803.

NEW – Community Bank Mobile Van – The Mobile Banking Van will cease service May 11. The last visits to Tompkins Barracks will be May 8 and Gemersheim Army Depot May 9. www.dodcommunitybank.com.

Pharmacy Hours – The Heidelberg Health Center Pharmacy has changed its operating hours. The pharmacy is open 8 a.m.-5 p.m. Monday-Friday and closed weekends and federal holidays.

NEW – Teen Clinic – The Teen Clinic at Heidelberg High School will cease on location support at the end of the school year. Teens can be seen at the Heidelberg Health Center. DSN 371-2622, civ. 0800-376-22273.

Tompkins Gym – The Fitness Center on Tompkins Barracks in Schwetzingen will close on or about July 12. Hours are 5:30 a.m.-8 p.m. Monday-Friday and closed Saturdays, Sundays and U.S. holidays and open 10 a.m.-4 p.m. training holidays. DSN 370-9193, civ. 06221-57-9193.

Wood Shop – The Wood Shop on Patton Barracks will no longer close May 29. The facility is scheduled to remain open until the garrison deactivates. DSN 373-5195, civ. 06221-17-5195.

Towering Tulips



Roland Kern

Early spring in Germany gives rise to tulips that are tall and vibrant such as these in Hermannshof Garden in Weinheim. The garden is open to the public and entrance is free of charge.

Stop sexual assault

USAREUR Public Affairs

The Pentagon's top civilian and military leaders campaigned to stop sexual assault in the military April 16 on Capitol Hill.

"Gen. Dempsey and I consider this a serious problem that needs to be addressed," Secretary of Defense Leon E. Panetta said. "It violates everything the U.S. military stands for."

Panetta said service members and their families must feel secure enough to report sexual assault crimes without fear of retribution. He discussed new initiatives, including a mandate for wider public dissemination of available sexual assault resources, such as the Department of Defense Safe Helpline, to help combat this problem.

"The Safe Helpline is a crisis support service for members of the DOD community affected by sexual assault," said Michelle Fonseca, U.S. Army Europe G-1 Sexual Harassment, Assault Response and Prevention program specialist.

"The Safe Helpline empowers victims of sexual assault to receive help and obtain information about the services that are available such as crisis intervention, emotional support,

DOD Initiatives To Stop Sexual Assault

- ◆ Establishing with congressional approval a "special victims' unit" within each service composed of specially trained experts in evidence collection, interviewing and working with victims
- ◆ Requiring that sexual assault policies be explained to all service members within 14 days of their entry into active duty
- ◆ Allowing National Guard and Reserve personnel who have been sexually assaulted to remain on active duty status to obtain the treatment and support afforded to active duty members
- ◆ Requiring a record of the outcome of disciplinary and administrative proceedings related to sexual assault and retaining the records centrally
- ◆ Requiring commanders to conduct annual organizational climate assessments to measure whether they are meeting the department's goal of a culture of professionalism and zero tolerance of sexual assault
- ◆ Enhancing training programs for sexual assault prevention, including training for new military commanders in handling sexual assault matters

referrals to both civilian and military resources, information on military reporting options, restricted and unrestricted and information for family and friends of victims," she said.

The service is confidential, anonymous, secure and available worldwide and 24/7 at <https://www.safehelpline.org>, by calling 001-877-995-5247 or texting a zip code to 001-202-470-5546.

Graduates to gather May 5

UMUC-Europe

University of Maryland University College Europe will recognize graduating students at its 60th annual commencement ceremony 2 p.m. May 5 in the Village Pavilion Community Center on Patrick Henry Village in Heidelberg.

The ceremony will honor more than 1,300 students from Europe, Africa and the Middle East who earned an associate, bachelor's or master's degrees with UMUC or its partner institution, Bowie State University. More than 150 graduates are in Afghanistan, Kuwait, Kosovo and other deployed locations. UMUC Europe's commencement is the largest military-affiliated ceremony overseas.

The graduating class includes active duty military students, family members and civilians stationed abroad.

Students earned nearly 570 associate degrees, more than 640 bachelor's degrees in the liberal arts from UMUC and 120 master's degrees with UMUC and Bowie State University

in counseling, information systems, information technology and public administration.

To honor the 60th commencement are two guest speakers and honorary degree recipients – NASA Administrator Charles F. Bolden Jr. and U.S. Ambassador to Germany Philip D. Murphy.

Bolden is a retired Marine Corps major general and former astronaut. As administrator, he has led the NASA team since 2009. In his 34-year military career, 14 years were spent in NASA's astronaut office, where he traveled to orbit four times and commanded two missions. These included the deployment of the Hubble Space Telescope and the first joint U.S.-Russian shuttle mission.

After returning to active duty, he served as deputy commanding general of the 1st Marine Expeditionary Force in the Pacific, commanding general in support of Operation Desert Thunder in Kuwait and deputy commander of U.S. Forces in Japan. Lastly, he served as the commanding general of the 3rd Marine

Aircraft Wing.

Murphy was confirmed by the U.S. Senate as U.S. Ambassador to the Federal Republic of Germany in 2009. He spent 23 years at Goldman Sachs, holding senior positions and retiring as a senior director. He then served as National Finance Chair of the Democratic National Committee.

Murphy emphasizes engaging Germany's youth and stresses the ongoing relevance of the transatlantic bridge. He has devoted much of his time to civil, community and philanthropic affairs, especially in his adopted state of New Jersey.

University of Maryland University College and Bowie State University have awarded more than 60,000 degrees in Europe since 1949. In 2011-12, 20,000 students enrolled with UMUC Europe at one of 67 sites. Worldwide, more than 92,000 students enrolled with UMUC.

For information, visit www.ed.umuc.edu/commencement or call UMUC Europe at DSN 370-6762, ext. 367, civ. 06221-3780.

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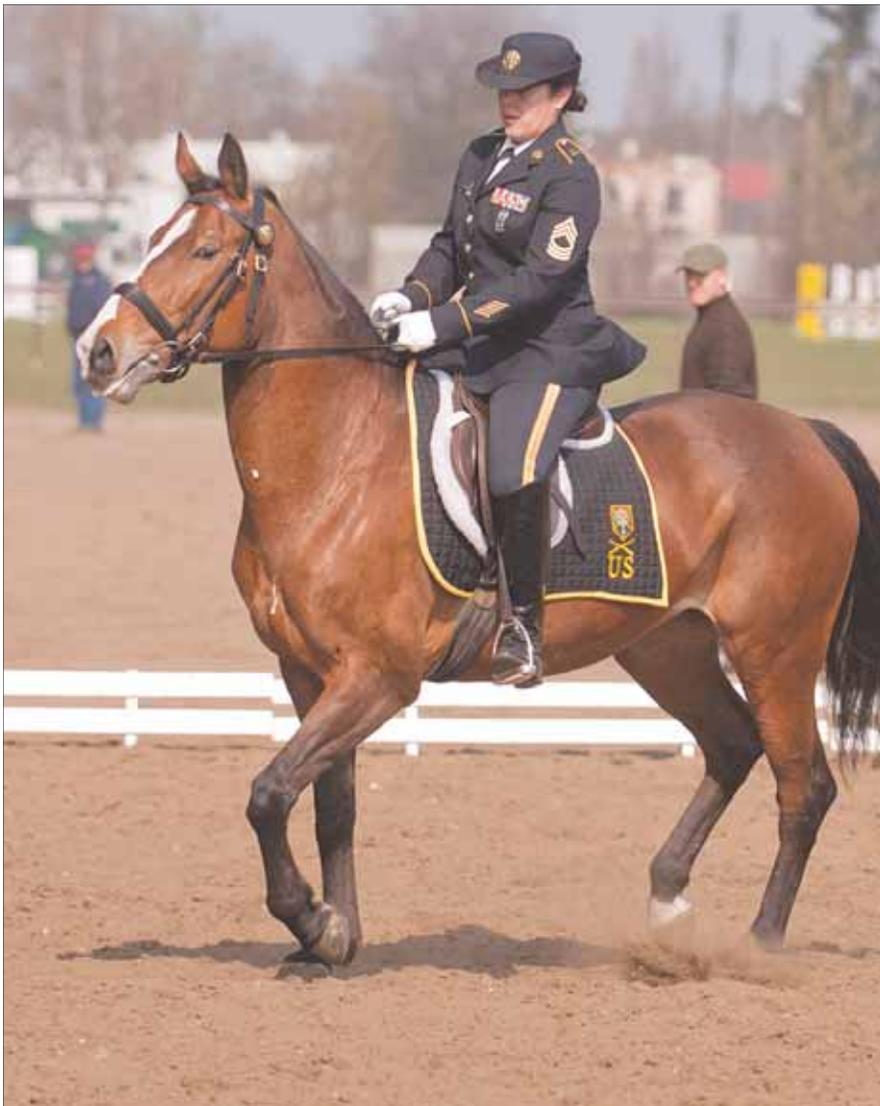
For more Army news,
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Sgt. 1st Class Peter Eustaquio
Soldiers and members of the Philippine army conduct an early morning raid to capture a hilltop from simulated enemy forces April 18 at Fort Magsaysay, Philippines, during Balikatan 2012.



Sgt. Mike MacLeod
Spc. Francisco Roman, a dental hygienist with the 1st Brigade Combat Team, 82nd Airborne Division, cures the palliative material, or patch, that has been applied to a Soldier's tooth April 17, at Forward Operating Base Arian, Ghazni province, Afghanistan.



Sgt. 1st Class Mark Bell
Master Sgt. Cindy Babb from 200th Military Police Command, U.S. Army Reserve, participates in the dressage portion of the 2012 World Cavalry Championships in Poznan, Poland, April 19.



Sgt. Tamika Exom
Soldiers with U.S. Army South set up tents April 19 at Fort Sam Houston, Texas, in preparation for a contingency command post exercise.

Chaplain travels unexpected path in pursuit of religious calling

By Staff Sgt. Michael J. Taylor
21ST TSC PUBLIC AFFAIRS

At first glance, Chaplain (Lt. Col.) Matthew P. Pawlikowski blends in well with a slightly rugged look, tall and fibrous, wearing airborne wings, an air assault badge and a ranger tab.

He has a commanding voice and comes fully loaded with all the characteristics of a well-seasoned Soldier.

Up close he emits welcoming, nonjudgmental and kind qualities, and it doesn't take long to see that this Soldier is indeed a man of faith.

The youngest of seven children, Pawlikowski, the deputy command chaplain for the 21st Theater Sustainment Command in Kaiserslautern, realized his calling to the priesthood as a young boy, but he never imagined the spiritual path he decided to follow would take him on the adventure of his life.

"I grew up knowing the Lord, and early on I had indications that I was called to the priesthood," said Pawlikowski, of Secaucus, N.J.

"When I was in high school I was looking at where to go for college, thinking of getting myself set up for seminary and really the only places that held interest for me were military academies."

Feeling confused about why he was drawn to the military instead of the priesthood, Pawlikowski turned to God for answers.

"I thought I was called to be a priest, and it seemed like the Lord was leading me into the military. So I prayed about it, and that's what I ended up doing," Pawlikowski said. "It seemed like that's what God wanted for me at the time."

Pawlikowski was commissioned as an infantry officer after graduating from the United States Military Academy at West Point in 1986.

Following his commission, Pawlikowski spent six years in the infantry where he served in Korea, Fort Benning, Ga., and Fort Bragg, N.C.

"A lot of times people ask me, 'How did you end up becoming a priest when you were an infantry officer?' and really I think the correct question is, 'How



Staff Sgt. Michael J. Taylor

Chaplain (Lt. Col.) Matthew P. Pawlikowski, deputy command chaplain for the 21st Theater Sustainment Command, reads a scripture passage during a morning prayer session while on temporary duty in support of exercise Unified Endeavor in Grafenwöhr, March 30. Pawlikowski held prayer for Soldiers twice a day during the exercise.

did I end up becoming an infantry officer when I was already moving to become a priest," he said. "The answer to both questions is the same. I went

where God led me."

With an infantry background, Pawlikowski learned things about the military that would later help him during his chaplaincy. "Being in the infantry first helped me in two different ways. One, as a chaplain having an infantry background, [it] gives me some knowledge of the rest of the military outside the chaplaincy and that helps me to connect to people better," said Pawlikowski, who was one of four honor graduates in his ranger class.

"As far as the hooah badges – the airborne wings and the ranger tab – that gets me a lot of credibility with Soldiers," he said. "But I think on a deeper level, God was using the Army to shape me as a man in a very fundamental way," he added. "Specifically in the development of physical and moral courage and toughness, which, I think, are things a priest is supposed to have."

Following his time in the infantry, Pawlikowski spent eight years as a chaplain candidate, and it was not until July 2000 that he officially became a military chaplain. As a chaplain, he has served in places like Fort Bragg, Fort Jackson, S.C., Egypt, Fort Leonard Wood, Mo., West Point and Afghanistan.

Pawlikowski says he has many goals but his number one goal is to help Soldiers feel better about themselves mentally as well as spiritually.

"As I meet Soldiers, as I say Mass for them, as I hear their confessions, even if they're not Catholic. As I am dealing with them in any different way, I am always trying to help them become the best version of themselves. That's certainly my number one goal," Pawlikowski said.

From realizing his calling as a young boy, receiving a commission as an infantry officer, graduating ranger, jump and air assault schools, to becoming an ordained Catholic priest, Pawlikowski continues to follow his calling.

"I feel great when God uses me as an instrument to help Soldiers," he said. "That is how I see my life as a priest. I'm a tool. I'm just a wedge or chisel in the hand of God, and anytime he decides to pick me up and use me, I am delighted."

**A Strong Tradition of
Soldiers Helping Soldiers**

Contributing is easy. To make a contribution to the USAG Baden-Württemberg AER Campaign, contact your Unit Representative between March 1 through May 15, 2012. All proceeds goes towards Army Families who require emergency financial assistance. To learn more call your local AER Office at Army Community Service or visit www.mwrgermany.com or www.aerhq.org.

Army Emergency Relief 2012

US Army Europe head logistician frocked

By Staff Sgt. Joel Salgado
USAREUR PUBLIC AFFAIRS

A new star took its place in the Army universe as U.S. Army Europe's deputy chief of staff of logistics, G4, was frocked in the rank of brigadier general in a ceremony in Heidelberg Friday.

The ceremony, attended by USAREUR Commander Lt. Gen. Mark Hertling and other senior staff, recognized Col. (P) Steven Shapiro's May 2011 nomination for his first star.

With the frocking comes a new position for Shapiro, who will leave Europe soon for U.S. Forces Afghanistan, where he will serve as director of the Materiel Enterprise Integration and Retrograde Operations Center.

In remarks during the

ceremony, Hertling compared Shapiro to Lt. Gen. John Clifford Hodges Lee, the senior logistician for allied forces in Europe during World War II who has been described as passionate and tenacious about logistics. Shapiro is energetic, has the right values and really knows what a commander needs, Hertling added, and that's why he was hand-picked to take on the job of sending the Army's equipment home from Afghanistan.

"I hate to lose him," Hertling said.

Shapiro thanked Hertling for his support and for presiding at the ceremony, and said he and his family have been fortunate to spend a third of his 27-year career in Europe as part of a high-potential team.

USAREUR Soldiers have always enjoyed a reputation for attention to detail and exacting standards, he added.

Looking back over his career, Shapiro related several anecdotes that illustrated how Soldiers, fellow officers, Army civilian employees, contractors, family members and others served as his role models and mentors and contributed to his education as a Soldier, officer and logistician and fueled his desire to stay in the Army.

Frocking, outlined in Army Regulation 600-8-29 (Officer Promotions), is a process that allows officers serving in duty positions officially designated for a higher grade to wear the insignia of that grade so that their grade title is commensurate with the position.



Harald Risch

U.S. Army Europe Commander Lt. Gen. Mark Hertling administers the oath of office to Col. (P) Steven A. Shapiro, USAREUR deputy chief of staff for logistics G4, during a frocking ceremony in Heidelberg Friday. The frocking gives Shapiro the right to wear the one-star rank and function in a brigadier general position. Shapiro will soon depart USAREUR to become the director of U.S. Forces Afghanistan's Materiel Enterprise Integration and Retrograde Operations Center.

WARRIOR

continued from page 1

land navigation and an appearance before a board of brigade command sergeants major.

"This has been a long and grueling competition, one that has tested both these Soldiers' physical and mental strength and endurance," said Command Sgt. Maj. Barry Maieritsch, IMCOM Europe.

"I commend all of you for your efforts during this competition," Maieritsch added.

During the ceremony both winners were awarded Army Achievement Medals

by Kathleen Marin, IMCOM Europe region director.

"The Best Warrior Competition brings together the best of the best ... those for whom good enough is never enough," Marin said.

"You Soldiers and noncommissioned officers have strived not just to excel, but to inspire, understanding that leading by example is not only the right thing to do, but essential to a strong Army family. I am inspired by meeting you all here today, and I want to personally thank you for that."

Donovan and Taylor are representing IMCOM

Europe at the National Capital Region Competition in San Antonio this week.

Representing the other garrisons at the Europe-level competition were: Staff Sgt. Ryan J. Barnard, USAG Grafenwöhr; Staff Sgt. Stephen B. Cribben, USAG Wiesbaden; Staff Sgt. Victor M. Ortiz Jr., USAG Stuttgart; Staff Sgt. Francisco Sandoval, USAG Ansbach; Staff Sgt. Howard Woodberry III, USAG Vicenza; Sgt. Anthony C. Oddo, USAG Benelux; Spc. Jonathan S. Ellis, USAG Benelux and Spc. LaJaune A. Scott, USAG Baden-Württemberg.



Danyel Burgett

Spc. Shaquana S. Taylor from U.S. Army Garrison Stuttgart and Staff Sgt. Robert C. Donovan from USAG Baden-Württemberg are the Best Warrior Soldier of the Year and Noncommissioned Officer of the Year.

RESERVISTS

continued from page 1

being learned here," said Lt. Col. Leslie Dillard, the commander of the 773rd CST.

"The integration with the Belgian forces along with our forces has just been exceptional."

The training scenario at the high school required several emergency responders to work together such as the fire department, the Red Cross, medical agencies, the Defense Threat Reduction Agency and the 773rd CST. In the training scenario, a chemical agent was released into a classroom resulting in casualties and creating chaos due to the toxic nature of the chemical.

"The training here went very well as we were able to do some training that we normally do not get to do," said Capt. Jennifer Gross, the survey team leader of the 773rd CST at the end of the exercise. "We did some confined space rescue training along with mitigation techniques that the fire department here implements and we were able to learn from them."

Once the 773rd received the call to respond, the unit went into action by testing for contaminants in the classroom.

"All in all, it was an awesome time this past week," Gross said. "Being able to learn from another outside team, especially from another

country and a fire department like this, we were able to really grasp firsthand how someone else does their job."

"It was really good training for me," said Sgt. David Larkin, a survey member with the 773rd CST. "I was lucky enough to be able to get suited up and partake first hand in the exercise here, which is always a good feeling. "Yes we know that this is a training environment, but had this been a real event, even though the substance was toxic and may have been very harmful, I am confident that our entire team to include the participants would have done a great job, and the fire department was top notch as they have al-

"The integration with the Belgium forces along with our forces has just been exceptional."

—Lt. Col. Leslie Dillard, 773rd Civil Support Team

ways been," Larkin said.

"I think all of this training including the ride along on a mission with the 773rd CST went very well and everyone gave it 100 percent," said Sgt. Maj. Stef Vandersmissen, the senior non-commissioned officer in charge of the fire station, HAZMAT specialist, and primary planner of the training event. "I love working with the 773rd CST and over the past three years they have become a part of my family," Vandersmissen said. "Every

time we train with each other, both teams win because we learn new things from each other every time."

At the conclusion of the exercise, both teams knew that if a real world situation were to occur, they could count on working together to mitigate a possible dangerous situation dealing with HAZMAT.

Vandersmissen concluded by saying, "vis unita fortior," which translated into English means, "united strength is stronger."

Cruising England's inland waterways on a narrowboat

England's historical inland canals offer travelers right mix of fun, adventure, relaxation

By Samantha Smith
USAG BADEN-WÜRTTEMBERG VOLUNTEER CORPS

With a history dating as far back as the Romans, England's 2,200 miles of inland canals were originally built for irrigation and later transportation, especially during the Industrial Revolution.

Towns grew up around the canals and even today they still maintain good access to many services, especially the ubiquitous pubs for which England is known.

Today the canals are mainly used by tourists and local residents who keep the tradition alive and enjoy the slow pace of life on the water.

Renting one of these narrowboats is an excellent way to see a different slice of life in England, especially the beautiful countryside. Like a recreational vehicle on water, the well-appointed narrowboats become hotel, transportation and tour guide all rolled into one. Ranging from 47-70 feet, the boats come complete with small bedrooms featuring single or double beds, bathrooms with showers and kitchens that include cookware, dishes, a stove and oven. Some boats even have microwaves.

Although it might seem tempting to rent a larger boat, remember a smaller boat will be easier to navigate the meandering waterways.

After a brief presentation from the rental company about the key features of the boat, required maintenance and important safety guidelines, tourists are ready to start cruising on their own. In most cases, no special license is needed. But don't forget about the locks.

At first confusing and admittedly a little scary, opening and closing the locks soon becomes second nature, and turning the centuries-old cranks becomes a task to look forward to.

Children especially appreciate their ability to command the power of water. Besides locks, you might also encounter drawbridges, some manual and some automatic, operated by a special key provided by the rental company.

Many canals that fell into disrepair are now being renovated and reopened due to the increased interest in leisure boating, which will no doubt keep these narrowboats floating for years to come.

To find a comprehensive list of canal boat rental companies, try www.canaljunction.com. Black Prince rental company (www.black-prince.com) also has an excellent website detailing their boats and routes.

Armed Forces Vacation Club (www.afvclub.com) rents boats to military members at a deep discount, but be sure to book early as they fill up quickly.

The best months are May and September, according to Black Prince, when the weather is still warm but the canals aren't as crowded as the summer months. To really cover some ground, a week trip is recommended, but shorter trips are also available if you don't have a full week.

All in all, this is a great way to vacation, seeing the scenery glide by, enjoying a slow pace of life and being rewarded with good pubs and interesting historical sites.



Samantha Smith

On a rare sunny day, the 69-foot narrowboat, the Sophia, cruises up the meandering Leek Canal north of Birmingham, England.



Julia Smith

Once these giant lock doors open, the boat cruises in, the gates shut and the cranks turn at the other end, allowing the water in at the top thus raising the boat.



Julia Smith

Abe Smith cranks open a drawbridge to let the boat pass while Noah Smith looks on. Children become experts at opening the many locks and bridges along the canal.



Julia Smith

Walkers enjoy the towpaths that line the canals. Before the invention of the steam and motor boats, narrowboats were pulled by horses that traversed these paths.

**Dear Ms. Vicki,**

Something is wrong with me, but I don't know what it is. I'm wondering if I will ever be normal. I've been deployed three times, and I've been redeployed for over a year. I can't sleep without having nightmares. I cry for no reason at all. Social activities are a thing of the past, because I just don't have a desire to do anything. I'm jumpy and nervous all the time and am always watching my back. Traffic and crowded places make me angry.

My wife is about to leave me because she wants the "old me." She says I've changed too much and wants me to get help. By the way, my libido is gone and this is affecting my marriage, too. Why can't I make love to my wife? She could be standing in front of me stark naked and I wouldn't want to do anything. Is this post traumatic stress disorder, or am I depressed?

I don't want to be the washed

up Soldier who isn't wanted in his company. I don't want people to think I am weak and don't have the willpower to kick this thing. Maybe I just need to give it some time and things will get better and these feelings will go away, right? Fighting a Different Enemy

Dear Fighting,

It would be inappropriate for me to try to give you a diagnosis, but you have symptoms of both depression and post traumatic stress disorder. It's important you know that you are not weak, and this is not about willpower. You have served your country valiantly and with honor. You should allow other professionals to work hard to help you. Look at it this way: Now it's our time to return the favor to you for all of your sacrifice.

Both PTSD and depression are treatable, and you could get better, but first you need a thorough assessment, a diagnosis and treatment

to have a good recovery outcome.

Your wife cares, but her feelings are normal, too. She could be frightened to see the changes in your behavior and may even have some anxiety, too. This is very normal. You both could use support and counseling services, and they are available. Visit your primary care physician and explain the symptoms. He or she will make the appropriate referrals. You can also call behavioral health and inquire about an appointment; they might even offer walk-in services. Please know that you are not "used goods." Receiving a diagnosis of depression or PTSD will not end your career. On the other hand, if you don't seek professional help, it will get worse.

Please take your wife to the appointment with you. It's important for her to feel she is a vital part of your healing, and it will be educational for both of you.

Fun equals happy, healthy families

LRMC Public Affairs

More quality time and less time in front of the TV are messages many are familiar with for improving family relationships. But there is one element that may sound obvious, yet is frequently lacking – fun.

Dr. Krystal White, a pediatric psychologist from the Department of Pediatrics at Landstuhl Regional Medical Center, specializes in family health and child development and behavior. White recently discussed the role of fun in healthy families and other family health considerations.

How do you define health?

Health is not about getting rid of illness or problems. At LRMC, we see health as having assets in our physical, emotional, social and work life.

How does this fit into your job at LRMC?

Caring for patients is the only reason we exist. It's an honor and privilege to provide care to our military community, especially our families. Our mission is to help parents set up the best environment for their family's health.

What does that mean?

The World Health Organization defines health as "A state of complete physical, mental and social well-being, and not merely the absence of disease or infirmity." We want families to have healthy habits.

Like eat an apple a day?

Benjamin Franklin wisely said, "It is easier to prevent bad habits than to break them, but it is easier still to just break your face." For us in the medical field, we would prefer preventing the latter.

What are some habits families should have?

Last year, I surveyed 50 child providers on the top three healthy habits for families, and the habits they suggested were reading and eating together. These are pretty standard. Parents know they are supposed to read to their kids, put seatbelts on them and not give them drugs or alcohol. But they don't know how, and often are not told or taught, that the most important habit of all is to have fun.

Most parents don't have fun?

No, many don't. Research shows that a lot of parents, particularly mothers, are more depressed during child rearing. They don't have many friends of their own, they are less happy in their marriages and they worry about money. This stress adds up.

Stress is the problem?

Play is the solution. When was the last time you went to a doctor and he said, "You need to have more fun." When parents have their own adult life, they tend to parent better. Parents who spend time outside the home with friends only once a week report less stress. Making friends in the military can be difficult, but it is absolutely critical for family health. When mothers are isolated from friends, they are more likely to develop depression, and then their marriages may unravel.

How is this healthy?

The happier a person is, the better they eat and sleep. They also exercise more and watch less TV. This is usually related to joining a club, meeting with friends regularly and being part of a community (e.g. church). We advise newcomers to throw a housewarming party within a month, and to invite families from their child's school or coworkers and tell them to "Bring your friends."

And kids need to be involved as well?

Yes, but only in one activity. Kids should have social time outside of school once a week, just like parents. But anything more can increase – not combat – stress. It's like taking too many aspirins.

Less is more?

Exactly. We like kids busy. As young as age 3, parents sign them up for classes, lessons and teams. We're afraid our children will fall behind if they don't do what everyone else is doing. We think it's more important to make family time your biggest priority, rather than cater to everybody's individual activities all the time. Eat dinner as a family, even if it means your child won't be able to make a soccer practice. Children need lots of down time when you can all just relax and be together as a family. Family bonds are an anchor for kids. Their activities will come and go, but family relationships last a lifetime.

What is healthy down time?

Well, we know it is not screen time. Kids and adults average more than 200 minutes per day and up to four hours on weekends. That number is related to increased aggression, attention and sleeping problems, depression and weight gain. The more you are plugged into a screen, the less you are plugged into others.

What is a healthy amount?

Any screen time for kids under 2 has been shown to delay development and lead to sleeping and behavior problems. Kids 3 to 5 should have 30 minutes a day, and elementary school kids up to an hour and never after dinner. Kids who watch TV after dinner or have TV in their bedrooms are at the greatest health risk.

Why is it bad to have a TV in the bedroom?

People with TV in their bedrooms on average get 15 minutes less sleep per night, and read 15 minutes less per day. Those numbers add up, and your child is at a disadvantage.

Is it also bad for physical health?

Screen time has been linked to the obesity epidemic and social problems. Who needs friends or to go out and play when you can be watching Kim Kardashian?

So, what can parents do?

Setting screen limits is key. I advise parents to set up a clear routine and expectations. They can allow TV, computer or video game time. After homework is done, they earn 30 minutes. Once a chore is complete, they can earn another 30. This is teaching a child that first you work, and then you play.

It sounds easier than it is.

But it isn't. If kids aren't watching TV or on the computer, what are they going to do? The main thing is for parents to learn what fun things kids can do at home that are cheap and don't involve being overstimulated.

What are some ideas?

Pretend play, board and card games, reading, crafts, puzzles, helping make dinner, playing outside and any physical activity.

We hear a lot about the obesity epidemic. What can parents do?

Besides limit screens? Move more. Do you know that families that walk, bike and hike together at least once a week for even 15 minutes fight less?

But how can parents find the time?

If we spend so much time on our screens, we can certainly schedule exercise. Scheduling it as it were a meeting is key. The excuses people often give are the precise reasons to exercise. People who are too tired or don't have time don't realize that exercise gives them more energy and allows them to be more productive with the rest of their time.

GET OUT!

area events

More events online at <http://myBWnow.ning.com>

April 26

Floriade 2012 – Explore the World Horticultural Expo in Venlo, The Netherlands, through Oct. 7. Visitors can stroll through a variety of gardens from around the world, see flower shows, a jungle greenhouse, rare trees and sample a variety of foods during their trip. www.floriade.com.

Rock Opera – See Chronicle of the Immortals – Blood Night, a rock opera by Wolfgang Holbein with the band Vanden Plas 7:30 p.m. April 26-27 at the Pflaztheater, Kaiserslautern.

Asparagus Festival – Farmers near Darmstadt host an annual asparagus festival through May 19. Select and sample local asparagus fresh from the field and served in a variety of palate-pleasing ways. Steinbrücker Hof, 64331 Weiterstadt.

Art Exhibit – Artist Milena Tiner showcases her artwork at the Village Pavilion Gallery on Patrick Henry Village in Heidelberg. Exhibit runs through April 29. DSN 388-9421, civ. 06221-338-9421.

Hip-Hop Concert – Tickets are on sale at the Vogelweh Community Center near Kaiserslautern for the Watch the Throne European tour. The rap duo featuring Jay-Z and Kanye West will perform June 5 at the Frankfurt Festhalle. Ticket price includes transportation to and from the concert. DSN 489-7626, civ. 0631-536-7626.

Heidelberg Spring Festival – The annual Heidelberg Spring Festival or Heidelberg Frühling features renowned classical music artists, including international soloists, ensembles and orchestras. Festival runs through April 29. Kongresshaus Stadthalle Heidelberg, Neckarstadt 24. www.heidelberg-tourismus.de.

German Pharmacy Museum – The German Pharmacy Museum's collection of more than 20,000 objects represents the rich history of medical sciences, especially the history of pharmacy. Housed in one of Germany's architectural landmarks, the Heidelberg Castle, the collection is considered to be one of the largest and finest in existence, spanning 2,000 years of pharmacy history. The museum is open 9:30 a.m. - 6 p.m. daily. Civ. 06221-25880.

April 27

Heidelberg Plays Market – The Heidelberg Plays Market or Heidelberger Stückmarkt features premiere performances by young directors and playwrights. An independent jury awards three prizes, while the audience bestows the spectators' prize overall. Event runs through May 6 at various times and venues across Heidelberg. www.theaterheidelberg.de/festivals/festival/2.

London – Tour one of the most famous cities in Europe during a city tour of London. View famous sights such as the Tower of London, Buckingham Palace, Westminster Abbey, the Globe Theater and St. Paul's Ca-

thedral. <http://affiliates.uso.org/rheinmain>.

April 28

Kiddie Volksmarch – Members of the Heidelberg International Wandering Club host their annual Kiddie Volksmarch 9 a.m.-noon. The march begins and ends in front of the library on Patrick Henry Village in Heidelberg. Children 12 years and younger can participate in the 5-kilometer walk and receive a free medal and certificate. All children must be accompanied by an adult. www.hiwc.de.

Paris – Enjoy a day in Paris and visit tourist attractions such as the Eiffel Tower, Notre Dame Cathedral and the Arch of Triumph. Spend the day sightseeing, shopping and sampling fine French cuisine. <http://affiliates.uso.org/kaiserslautern>.

Maimarkt – The Maimarkt, or May Fair, in Mannheim is one of Germany's largest and oldest attractions. More than 1,400 vendors fill the fairground near Mannheim's SAP Arena offering a variety of unique goods. Fairgoers feast on food and drinks from all over the world and enjoy amusement park rides. The fair is open daily 9 a.m.-6 p.m. through May 8. Tickets can be bought in advance at the box office. www.maimarkt.de/index.php?id=139&L=0%2Fpm%2Ffileadmin%2F (German language only).

Stuttgart Spring Fest – Enjoy one of Europe's biggest springtime parties during Stuttgart's annual Spring Fest at the Cannstatter Wasen fair grounds. The event features rides, side-shows, beer tents and plenty of food and drink stands to satisfy every taste. Fest is open noon-11 p.m. Monday through Thursday, noon-midnight Friday, 11 a.m.-midnight Saturday and 11 a.m.-11 p.m. Sunday through May 13. www.meier-online.de (German language only).

April 29

Jazz Festival – The Kammgarn Kaiserslautern holds a Jazz Festival Matinée with Quartchêto playing dance music from South Brazil, Uruguay and Argentina 11 a.m. at the Cotton Club. Tickets are €15. www.kammgarn.de.

Robert Glasper Experiment – Catch the jazz, hip-hop and soul group the Robert Glasper Experiment 8 p.m. May 18 at Frankfurt's Club Zoom with special guest Bilal. Tickets: www.worldticketshop.com.

Keith Sweat Concert – Rhythm and Blues singer Keith Sweat will perform at Keller Club in Stuttgart 8 p.m. May 16. Tickets are on sale now. Rotebühlplatz 4, 70173 Stuttgart. www.songkick.com.

Japanese Garden – The Japanese Garden in Kaiserslautern is open for visitors 10 a.m.-6 p.m. Tuesday-Sunday. Admission is free for children under 11 and Gartenschau season tickets can also be used to enter the Japanese Garden. www.japanischergarten.de.

Stuttgart Zoo – Take a trip to the Stuttgart Zoo located at the Wilhelma Park, the largest zoological and botanical gardens in Europe. The zoo features newly designed polar bear enclosures and other attractions to delight all ages. Visitors can also stroll through the park and admire the exotic trees, orchids, water lilies and a magnolia grove. <http://affiliates.uso.org/Kaiserslautern>.

Marvin Gaye Tour – Experience the Marvin Gaye Midnight Love "walkumentary" tour. Visitors can purchase a special phone or iPod app to learn more about the late Rhythm and Blues legend and details on his time in Ostend, Belgium. Walking tour features footage of Gaye and interviews with those he knew. www.marvingaye.be (English available).

Military History Tour – Relive the Battle of Hürtgen Forest. This military tour will explore the battle's West Wall defenses and feature a discussion of the Battle of Aachen. Other stops include the Kall Train, Dragon's Teeth, Castle Hill, bunkers and the Hürtgenwald military museum. <http://affiliates.uso.org/rheinmain>.

Bruce Springsteen Concert – Tickets are on sale for the Bruce Springsteen and the E Street Band concert 8 p.m. May 24 in Frankfurt's Commerzbank Arena. www.worldticketshop.com.

Tom Petty Concert – After 20 years, rock band Tom Petty and the Heartbreakers returns to Europe. Concert is 8 p.m. June 30, at the SAP Arena in Mannheim. Civ. 0621-101-011. www.bb-promotion.com.

April 30

Alma Rose – Experience an evening of piano music, dance, songs and readings all depicting the life of Alma Rose, a Jewish violinist, who died in 1944 in the Auschwitz concentration camp. Tickets on sale for the 8 p.m. May 5 performance at the Rosengarten Mannheim, Stamitzsaal. Civ. 0621-101011. www.bb-promotion.com.

May 9

Trier – Travel to the city of Trier during the Holy Robe Pilgrimage. During this time, the Trier Cathedral's most important relic will be on display to the general public for the first time in more than 15 years. Brought to Trier from Jerusalem in the fourth century by St. Helena, the mother of the Roman Emperor Constantine, the purported Holy Robe of Christ has been on display only three occasions during the last century: 1933, 1959 and 1996. Trier boasts an extensive collection of Roman excavations. See sights such as the Porta Nigra and the Roman Baths. Along with the Roman ruins, pay a visit to the medieval churches and houses in the popular pedestrian walkway area. There will also be time for lunch or exploring the area. <http://affiliates.uso.org/kaiserslautern>.

coming to THEATERS

GHOST RIDER

(Nicolas Cage, Eva Mendes) Johnny Blaze, still struggling with his curse as the devil's bounty hunter, is hiding out in a remote part of Eastern Europe when he is recruited by a secret sect of the church to save a young boy from the devil. At first Johnny is reluctant to embrace the power of the Ghost Rider, but it is the only way to protect the boy and possibly rid himself of his curse forever. (Rated PG-13 for intense sequences of action and violence, some disturbing images and language) 95 minutes.



PLAYING THIS WEEK

Heidelberg, Patrick Henry Village

April 26 - SAFE HOUSE (R) 7 p.m.
 April 27 - THE LUCKY ONE (PG-13) 7 p.m.; GHOST RIDER: SPIRIT OF VENGEANCE (PG-13) 10 p.m.
 April 28 - THE LUCKY ONE (PG-13) 4 p.m.; TYLER PERRY'S GOOD DEEDS (PG-13) 7 p.m.; THIS MEANS WAR (PG-13) 10 p.m.
 April 29 - THE LUCKY ONE (PG-13) 4 p.m.; THIS MEANS WAR (PG-13) 7 p.m.
 April 30 - THE LUCKY ONE (PG-13) 7 p.m.
 May 1 - GHOST RIDER: SPIRIT OF VENGEANCE (PG-13) 7 p.m.
 May 2 - THE LUCKY ONE (PG-13) 7 p.m.
 May 3 - TYLER PERRY'S GOOD DEEDS (PG-13) 7 p.m.

Vogelweh, Galaxy

April 27 - THE THREE STOOGES (PG) 7 p.m.
 April 28 - JOURNEY 2: THE MYSTERIOUS ISLAND (PG) 4 p.m.; SAFE HOUSE (R) 7 p.m.
 April 29 - JOURNEY 2: THE MYSTERIOUS ISLAND (PG) 4 p.m.

Ramstein, Gateway Movieplex

April 26 - THE THREE STOOGES (PG) 11 a.m., 1:15 p.m., 3:30 p.m., 5:45 p.m., 8 p.m.; JOURNEY 2: THE MYSTERIOUS ISLAND (PG) 11:15 a.m., 1:45 p.m., 4:30 p.m., 8 p.m.; SAFE HOUSE (R) 11:30 a.m., 2:30 p.m., 5:30 p.m., 8:15 p.m.
 April 27 - THE LUCKY ONE (PG-13) 11 a.m., 1:30 p.m., 4 p.m., 6:30 p.m., 9 p.m.; THIS MEANS WAR (PG-13) 4 p.m., 6:30 p.m., 9 p.m.; TYLER PERRY'S GOOD DEEDS (PG-13) 11:30 a.m., 2:15 p.m., 4:45 p.m., 7:15 p.m., 9:45 p.m.; GHOST RIDER: SPIRIT OF VENGEANCE (PG-13) 11:45 a.m., 2 p.m., 4:30 p.m.; PUSS IN BOOTS (PG) 11:15 a.m., 1:30 p.m.
 April 28 - THE LUCKY ONE (PG-13) 11 a.m., 1:30 p.m., 4 p.m., 6:30 p.m., 9 p.m.; THIS MEANS WAR (PG-13) 4 p.m., 6:30 p.m., 9 p.m.; TYLER PERRY'S GOOD DEEDS (PG-13) 11:30 a.m., 2:15 p.m., 4:45 p.m., 7:15 p.m., 9:45 p.m.; GHOST RIDER: SPIRIT OF VENGEANCE (PG-13) 11:45 a.m., 2 p.m., 4:30 p.m.; PUSS IN BOOTS (PG) 11:15 a.m., 1:30 p.m.
 April 29 - THE LUCKY ONE (PG-13) 11 a.m., 1:30 p.m., 4 p.m., 6:30 p.m.; THIS MEANS WAR (PG-13) 4 p.m., 6:30 p.m.; TYLER PERRY'S GOOD DEEDS (PG-13) 11:30 a.m., 2:15 p.m., 4:45 p.m., 7:15 p.m., 9:45 p.m.; GHOST RIDER: SPIRIT OF VENGEANCE (PG-13) 11:45 a.m., 2 p.m., 4:30 p.m.; PUSS IN BOOTS (PG) 11:15 a.m., 1:30 p.m.
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 May 1 - THE LUCKY ONE (PG-13) 11 a.m., 1:30 p.m., 4 p.m., 6:30 p.m.; THIS MEANS WAR (PG-13) 4 p.m., 6:30 p.m.; TYLER PERRY'S GOOD DEEDS (PG-13) 11:30 a.m., 2:15 p.m., 4:45 p.m., 7:15 p.m.; GHOST RIDER: SPIRIT OF VENGEANCE (PG-13) 11:45 a.m., 2 p.m., 4:30 p.m.; PUSS IN BOOTS (PG) 11:15 a.m., 1:30 p.m.
 May 2 - THE LUCKY ONE (PG-13) 11 a.m., 1:30 p.m., 4 p.m., 6:30 p.m.; THIS MEANS WAR (PG-13) 4 p.m., 6:30 p.m.; TYLER PERRY'S GOOD DEEDS (PG-13) 11:30 a.m., 2:15 p.m., 4:45 p.m., 7:15 p.m., 9:45 p.m.; GHOST RIDER: SPIRIT OF VENGEANCE (PG-13) 11:45 a.m., 2 p.m., 4:30 p.m.; PUSS IN BOOTS (PG) 11:15 a.m., 1:30 p.m.
 May 3 - THE LUCKY ONE (PG-13) 11 a.m., 1:30 p.m., 4 p.m., 6:30 p.m.; THIS MEANS WAR (PG-13) 4 p.m., 6:30 p.m.; TYLER PERRY'S GOOD DEEDS (PG-13) 11:30 a.m., 2:15 p.m., 4:45 p.m., 7:15 p.m.; GHOST RIDER: SPIRIT OF VENGEANCE (PG-13) 11:45 a.m., 2 p.m., 4:30 p.m.; PUSS IN BOOTS (PG) 11:15 a.m., 1:30 p.m.

THEATER INFORMATION

Patrick Henry Village, Heidelberg, 06221-27-238
 Galaxy Theater, Vogelweh, 0631-50017
 Gateway Cineplex, Ramstein, 06371-47-5550

Visit www.aafes.com for updated listings and more movie descriptions
 Mannheim Cineplex (P4 13), CinemaxX (N7, 17), Mannheim, civ. 01805-625466, www.cineplex.de

Mannheim, CinemaxX, Cineplex - English Language movies

April 26-May 2 - MARVEL'S THE AVENGERS 3D (PG-13) 4:15 p.m., 7:45 p.m., 11 p.m. at CinemaxX
 April 26-May 2 - AMERICAN REUNION (PG-13) 5:15 p.m., 11 p.m. at CinemaxX
 April 28-29 and May 1 - AMERICAN REUNION (PG-13) 1:30 p.m. at CinemaxX

community HIGHLIGHTS

Garrison Spring Cleanup

U.S. Army Garrison Baden-Württemberg continues the annual spring cleanup at the Shopping Center in Heidelberg and Coleman Barracks in Mannheim April 26 and the Village Pavilion Community Center on Patrick Henry Village in Heidelberg, Tompkins Barracks in Schwetzingen and Germersheim Army Depot April 27. Cleanup efforts include trimming grass, removing weeds and sweeping common areas. Service or work orders can be submitted to the Directorate of Public Works through their web page accessible at the garrison website, www.bw.eur.army.mil.

Vehicle Registration

Vehicle Registration in Bldg. 1563 on Spinelli Barracks in Mannheim will be closed April 30 for staff to conduct a U.S. Army Europe Office of the Provost Marshal-mandated inventory. Vehicle Registration is open 7:30 a.m.-5:30 p.m. Monday-Friday and is closed American holidays and at noon the last working day of each month. DSN 384-6100, civ. 0621-730-6100. The inspection station in Bldg. 1563 will be open 7:45 a.m.-3:45 p.m. with the last customer seen 3:30 p.m. DSN 384-6120, civ. 0621-730-6120.

Overseas Housing Survey

Service members assigned to Germany and residing in privately-leased quarters who have drawn Overseas Housing Allowance for at least six months are encouraged to take the annual OHA Utility and Recurring Maintenance Allowance survey by April 30 at <https://www.defensetravel.dod.mil/site/aprutil.cfm>. Spouses of deployed service members are eligible to take the survey, which can influence the housing allowance rate. DSN 370-3888, civ. 06221-57-3888.

Asian Pacific American Heritage

Volunteers are needed to sing, dance and prepare food for the observance of Asian Pacific American Heritage Month throughout May. The programs will be sponsored by the Heidelberg Equal Opportunity working group and the Exchange. DSN 373-7955, civ. 06221-17-7955.

No Fear Training

U.S. Army Europe federal civilian employees have until May 31 to complete Notification of Anti-discrimination and Retaliation online training, or No Fear, on the Army Training Requirement and Recourses System website at <https://www.atrrs.army.mil>. The training, EEO-202, includes applicable rights and remedies for civilian employees under federal anti-discrimination and whistle blower protection laws. Training must be completed every two years. This does not apply to local national and contractor employees. Civ. 06221-57-7226.

Summer Hire Program

The Civilian Human Resources Agency Europe Region is accepting applications until May 20 for the Summer Hire Program, June 18 to July 27. Applicants must be unmarried family members of active duty service members or Department of Defense civilian employees, ages 14-22, who have reached their 14th birthday prior to June 21 and will not turn 23 prior to the end of the program. Jobs include clerical, labor and child development positions. Applications are available at <https://cpolrhp.cpol.army.mil/eur>. Prospective employees must also submit hard copies of employment documents directly to the Civilian Personnel Advisory Center that services their community. DSN 370-8514, civ. 06221-57-8514.

KAISERSLAUTERN Education

• **AIT For Spouses** – All branches of military spouses can attend Advanced Individual Training (Army Family Team Building, Level 2), 9 a.m.-2:30 p.m. May 1-4. Participants will learn about communication, time management, team dynamics and creative problem solving. Reservations required. DSN 493-4203, civ. 0631-3406-4203.

• **Hello America** – Family members who have never been to the United States can attend the free Hello America class to learn about the customs, courtesies, history and traditions of Americans 10 a.m. May 3 in the Yellow Ribbon Room, Bldg. 2926 on Pulaski Barracks. Registration required. DSN 493-4203, civ. 0631-3406-4203.

• **Children's German Classes** – Child, Youth and School Services-enrolled youth of all ages can learn basic German vocabulary, sentences and common phrases. Register with Parent Central Services, DSN 493-4156, civ. 0631-3406-4516 or the One Stop Shop, DSN 486-8943, civ. 06371-86-8943.

Community

• **Mom2Mom Scholarships** – Mom2Mom will offer three full and two half-tuition scholarships for the Healthy Children's Center for Breastfeeding Certified Lactation Counselor training 8:15 a.m.-4:30 p.m. June 25-29, because of donations from the Kaiserslautern-Landstuhl Spouses Association and the Ramstein Officers' Spouses Club. The 40-hour course is designed to provide solid, up-to-date, research-based information regarding lactation, as well as the art of counseling. Scholarship applications are due April 27 to volunteer.m2m@googlemail.com and will be awarded based on need and merit.

• **Fairy Tale Ball** – Army Community Service Family Advocacy will host a free fairy tale ball 6 p.m. April 27 in the Armstrong's Club Ball Room on Vogelweh Housing. Dress as your favorite fairy tale character and enjoy dancing, games and goodies. DSN 493-4203, civ. 0631-3406-4203.

• **MOMC Celebration** – The Month of the Military Child celebration includes live entertainment and face painting 11 a.m.-3 p.m. April 28 with free refreshments noon-2 p.m. while supplies last at Pulaski Park on Pulaski Barracks. Parent Central Services: DSN 486-4515, civ. 0631-3406-4515.

• **Disneyland Express** – Army Outdoor Recreation goes to Disneyland Paris April 28. DSN 493-4117, civ. 0631-3406-4117.

• **Family Fun Days** – Spend a quality family afternoon playing darts, virtual bowling, shooting pool and playing board or video games 3-6

p.m. April 29 at Armstrong's Club, Bldg. 1036, Vogelweh Housing. Civ. 0631-354-9986.

• **New Moms Group** – Mothers and their babies up to 12 months old can join the New Moms Group to receive information on intimate topics and listen to a guest speaker 10:15-11:30 a.m. May 1 in Bldg. 2919 on Pulaski Barracks. DSN 493-4058, civ. 0631-3406-4058.

• **Food Safety For Volunteers** – The Landstuhl Regional Medical Center Environmental Health Branch will conduct a Food Safety for Volunteers class 5-7 p.m. May 3 at the Learning Resource Center, Bldg. 3718. Food handlers cards are required for anyone responsible for organizing and supervising food sales fundraising activities. Registration required. DSN 486-8489, civ. 06371-86-8489.

HEIDELBERG Education

• **ACS Classes** – Saving Tons with Coupons, 11 a.m.-1 p.m. April 28, ACS Annex, PHV, Bldg. 4531, Conference Room; English as a Second Language, 6-7:30 p.m. Mondays, ACS Annex, PHV, Bldg. 4531; Re-integration Briefing, 9 a.m. Tuesdays. Registration is required. Classes are in the Community Support Center, Bldg. 3850, on the Shopping Center unless noted. DSN 370-6975, civ. 06221-57-6975.

Community

• **Cell Phones For Soldiers** – Non-profit organization Cell Phones for Soldiers hopes to collect more than 50,000 old phones this year that will be used to purchase calling cards for troops serving overseas to keep in contact with their families. Donate during April at Army Community Service, Community Support Center, Bldg. 3850; Information Center, Village Pavilion Community Center; Patrick Henry Village Commissary; Campbell Fitness Center and Patton Fitness Center. www.cellphonesforsoldiers.com.

• **Volunteer Of The Year** – Volunteer ID card holders and guests are invited to a volunteer recognition ceremony 6-8:30 p.m. April 26 at the Village Pavilion Community Center. This year's theme is Resilient Volunteers Make A World Of Difference. DSN 370-6883, civ. 06221-57-6883.

• **Murder Mystery Lunch** – Army Community Service hosts a Murder Mystery Lunch in support of Military Spouse Day 10 a.m.-1 p.m. May 3 in the NATO Room, Bldg. 104 on Patton Bks. Register by April 27. DSN 370-6975, civ. 06221-57-6975.

• **School Transition Workshop** – Parent to Parent will host a workshop to teach parents how to help their children experience smooth school transitions 8:30 a.m. April 27 at Patrick Henry Elementary School. DSN 388-9054, civ. 06221-762-454.

• **Stuffed Animal Sleepover** – Children can wear pajamas and bring their favorite stuffed animal for story time 6:30 p.m. April 27 at the Patrick Henry Village Library. DSN 370-1740, civ. 06221-57-1740.

• **Wine Tasting** – The Abrams Chapter of the Association of the United States Army will host a wine tasting of Heidelberg red wines and a winery tour 7-9 p.m. April 27 at Weingut Clauer. Proceeds benefit the Wounded Warrior Program. Reservations: Civ. 0171-496-3564.

• **Line Dance Instruction** – Learn how to line dance 7-9 p.m. and stay for a karaoke and dance party 9 p.m.-close April 27 and Fridays at Legends on Patrick Henry Village. DSN 388-9570, civ. 06221-338-9570.

• **Botanical Garden** – Army Community Service meets 10 a.m. April 28 at the ACS office, Bldg. 3850 on the Community Support Center and takes public transportation to the Botanical Garden Hermannshof, returning about 3 p.m. DSN 370-6883, civ. 06221-57-6883.

• **Dachau Concentration Camp** – Army Outdoor Recreation visits Dachau Concentration Camp April 28. DSN 388-9282, civ. 06221-338-9282, www.mwgermany.com.

• **EFMP Fun Day, MOMC Picnic** – Child, Youth and School Services celebrates military children at a family picnic event 10 a.m.-2 p.m. April 28 at the park on Patrick Henry Village. DSN 388-9240, civ. 06221-338-9240. The Exceptional Family Member Program Family Fun Day will take place during the MOMC family picnic, with games, entertainment, snacks and refreshments specifically for families registered in the EFMP. DSN 370-6975, civ. 06221-57-6975, www.mwgermany.com.

• **Country Shindig Dance Party** – Boot scoot and boogie to Legends on Patrick Henry Village for the Country ShinDig Dance Party 9 p.m. April 28 featuring with country video disc jockey Cadillac Country and free appetizers. DSN 388-9570, civ. 06221-338-9570.

• **Story Time** – The Patrick Henry Village Library hosts story time for parents and their preschoolers 11 a.m. May 2 and every Wednesday. Children under 3 can enjoy a story 11 a.m. May 3 and every Thursday. DSN 370-1740, civ. 06221-57-1740.

• **Trivia Challenge Season** – Bring a team or join one for the new trivia challenge season 7-9 p.m. Thursdays May 3-Aug. 3 at Legends on Patrick Henry Village. The team that gathers the most points by Aug. 30 will win a prize. DSN 388-9570, civ. 06221-338-9570, www.mwgermany.com.

• **Parent's Day, Night Out** – Child, Youth and School Services presents Parent's Night Out 7 p.m.-midnight May 4 and 18 and Parent's Day Out 10 a.m.-4 p.m. May 5 and 19 for

CYSS-enrolled children up to fifth grade. Reservations must be made by noon the Thursday prior at Parent Central Enrollment, Bldg. 4443 on Patrick Henry Village. DSN 388-9340, civ. 06221-338-9341.

• **Cinco de Mayo Texas Hold'em** – Legends on Patrick Henry Village will host a Cinco de Mayo Texas Hold'em Party 6 p.m. May 5 with free appetizers and opening day party to kick off the new poker season, which ends Aug. 18. DSN 388-9570, civ. 06221-338-9570, www.mwgermany.com.

• **Skydiving** – Army Outdoor Recreation goes skydiving over Keukenhof Gardens May 6. DSN 388-9282, civ. 06221-338-9282.

• **Great American Trailer Park** – The Roadside Theater on Patton Barracks presents The Great American Trailer Park musical for mature audiences 7:30 p.m. May 11, 12, 18, 19, 25 and 26 and special family matinee 3 p.m. May 13, 20 and 27. Reservations recommended. DSN 373-5020, civ. 06221-17-5020, www.roadsideheater.com.

• **Am Schlierbachhang** – Am Schlierbachhang road will remain closed until July. Residents, pedestrians and cyclists can bypass the construction site.

MANNHEIM

Community

• **Cell Phones For Soldiers** – Non-profit organization Cell Phones for Soldiers hopes to collect more than 50,000 old phones this year that will be used to purchase calling cards for troops serving overseas to keep in contact with their families. Donate during April at Army Community Service Satellite Office, Bldg. 246, on Sullivan Barracks. www.cellphonesforsoldiers.com.

• **TGIF Buffet** – Enjoy food 6:30 p.m. and stay for variety music 9 p.m.-2 a.m. April 27 and every Friday at the Top Hat Club on Benjamin Franklin Village. DSN 380-9370, civ. 0621-730-9370.

• **Story Time** – Parent to Parent and the Mannheim Library Support Office offer toddlers and preschoolers stories and a craft 10:30-11:30 a.m. May 2 and first and third Wednesdays in the Army Community Service Satellite Office, Bldg. 246, on Sullivan Barracks. DSN 385-2688, civ. 0621-730-2688.

• **BOSS Meeting** – Better Opportunities for Single Soldiers will hold a meeting 3:30 p.m. May 2 at the Warrior Zone on Coleman Barracks. DSN 382-4148, civ. 0621-779-4148, www.mwgermany.com.

• **Community Yard Sale** – A community yard sale is scheduled 10 a.m.-2 p.m. May 19 at Grant Circle on Benjamin Franklin Village. Tables available for rent from Heidelberg Outdoor Recreation, DSN 388-9282, civ. 06221-338-9282.



Linda Steil

Brian Hannum makes his way to a first place finish at the track meet Saturday in Ansbach. He won the 1600-meter and 3200-meter runs.

Lion girls win, boys take third at Ansbach

By Sharon Brady
HHS TRACK COACH

The Heidelberg Lions track team faced Ramstein, Vilseck, Ansbach and Black Forest Academy Saturday at Ansbach.

The Lady Lions captured first place and the boys teams finished third.

Leading the way was the women's 4x100-meter relay team composed of Ayanna Bernard, Infinity Baisden, Jackie Headley and Tymesia McFadden. They not only finished first with a time of 51 minutes 48 seconds but also set the fastest time in Europe so far this season.

In girl's field events, Najala Shabazz qualified for Europeans in the shot put with a throw of 29-1 3/4 feet.

The girls 4x800 relay team also took first place.

Once again on the boys team, several athletes earned first place finishes or qualified for the European championships.

Wayne Dawkins and Brian Hannum captured two first place finishes for the second straight meet.

Hannum won the 1600-meter and the 3,200 races.

Dawkins took first in the long jump at 20-10 3/4 and in the triple jump at 42-10.

The boys 1,600 sprint medley relay team comprised of David Hoke, Calvin Baisden, Chance Bullard and Sharaud Gallman won their race.

Junior Tyler Holderby and sophomore Dustin Morton also posted qualifying times in the 400.

The team returns to Ansbach this weekend for rematch against Ansbach and Vilseck.



Linda Steil

Anna Seiferth leads the pack Saturday in Ansbach. Seiferth placed second in the 3200-meter race and third in the 1600.

Track Results

Boys Team – Vilseck 225.5, Ramstein 176, Heidelberg 162, Ansbach 50, Black Forest Academy 15.5

1,600 sprint medley relay – 1, Heidelberg (David Hoke, Calvin Baisden, Chance Bullard, Sharaud Gallman) 3:55.05; 2, Vilseck 3:58.30; 3, Ramstein 4:01.94; 4, Ansbach 4:03.81

Girls Team – Heidelberg 195, Ramstein 176, Vilseck 169, Ansbach 49, Black Forest Academy 26

4x100 relay – 1, Heidelberg (Infinity Baisden, Ayanna Bernard, Tymesia McFadden, Jacqueline Headley) 51.48; 2, Ramstein 52.46; 3, Vilseck 52.88; 4, Heidelberg B 55.30.

4x800 relay – 1, Heidelberg (Barlow, Harmon, Hannah Mayfield, Priscilla Steele) 11:22.51; 2, Ramstein 11:23.55; 3, Vilseck 13:05.83; 4, None

SOURCE: Linda Steil

Masters champion wins with 2 over

By Rex Gribble
HEIDELBERG GOLF CLUB

The Heidelberg Golf Club's version of the Masters major golf tourney in Augusta, Ga., attracted 64 local golfers with Chad Quisenberry winning the championship April 8 with a two over par 74. Kevin Yowler was runner-up with 76.

The tourney was divided into

four flights, with both gross and net winners and the net scores combined with the third-round score of a pro golfer in the Augusta event.

Hong Yi won the A flight's net with a total score of 139. Paul Taylor was second with 145.

B flight's gross winner was Rudolf Brixle, and Frank Valdes was the net winner. C flight's gross and net winners were James

Walker and Anna Zilli, and D flight's winners were Lukas Birkel and Fred Laudenklos. Steffen Schweikert and Ilona Fabian won the long drive events.

Club official Lamar Porter presented local champion Quisenberry with a green shirt, advising him that while it was not a green jacket always awarded the Masters champion at Augusta, it was in keeping with tradition.

staying ACTIVE

Bundesliga Soccer

Bundesliga Soccer team 1899 Hoffenheim plays FC Nürnberg 3:30 p.m. April 28 at the Rhein-Neckar-Stadium in Sinsheim. www.achtzehn99.de/tickets-online-kaufen.

Tennis Lessons, Tournament in Heidelberg

The Heidelberg Tennis Center is offering private, semi-private and group indoor tennis sessions. A spring open tournament will be held April 28-29. DSN 388-9037, civ. 06221-338-9037.

Coleman Bowling Center

Coleman Bowling Center will close 1 p.m. April 30 for inventory processing. The regular schedule resumes May 1.

Heidelberg Golf Events

Contact Heidelberg Golf Club for information on the 10 a.m. May 6 Cup of the Month Tournament, the 1 p.m. May 8 Women's Tournament and the 8 a.m. May 12 HDGC/GCRH Stableford Handicap Tournament at the Heidelberg Golf Club an der Bundesstrasse 291 in Oftersheim. DSN 370-5946, civ. 06202-53-767.

Heidelberg Softball Clinic and Tournament

There will be a Heidelberg Softball Clinic and Tournament May 8-12, with an officials clinic 6-9 p.m. May 8-11 at the Heidelberg Sports Office, Bldg. 128, on Patton Barracks. The tournament will be May 5. DSN 373-8032, civ. 06221-178032.

Heidelberg Unit Level Softball League

May 4 is the deadline to sign up for the Heidelberg unit level softball league, which will be held 6-9 p.m. May 9-July 30. DSN 373-8032, civ. 06221-178032.

Unit Volleyball

Community level softball takes place 6-9 p.m. through May 7 at Patton Barracks Fitness Center in Heidelberg. DSN 373-8032 or Civ. 06221-17-8032.

Spring Hunting Course

The Rod and Gun Club's spring hunting course will take place 6-8 p.m. May 9-June 30 for U.S. citizens 18 and older at the club, an der Bundesstrasse 291 in Oftersheim. Participants can learn German traditions and the European way of hunting and will be eligible to apply for a German hunting license upon course completion. Civ. 06202-51193, www.mwrgermany.com.

AER Golf at Woodlawn

The Army Emergency Relief Golf Tournament takes place May 11 at the Woodlawn Golf Course on Ramstein Air Base to support the AER campaign. DSN 493-4015, civ. 0631-3406-4221.

Dog, Human 5K Fun Run

Dogs and humans of all ages can participate in a Dog and Human 5K Fun Run with registration starting 8:30 a.m. and run start 9 a.m. May 12 at the Patrick Henry Village Commissary in Heidelberg. Non-dog owners also welcome. DSN 370-6350, civ. 06221-57-6350, www.mwrgermany.com.

Kaiserslautern Softball, Slow Pitch

Units wanting to enter a softball team must sign up by May 16. Coaches meeting will be 6 p.m. May 16 at Rhine Ordnance Fitness Center, Bldg. 172. Those looking to play slow pitch softball with the local players should register by May 25. DSN 493-2086, civ. 0631-3406-2086.

Body Building and Figure Invitational

Fit men and women may compete May 19 at a Body Building and Figure Invitational. Exhibition is 11 a.m. and evening show begins 6 p.m. Enter the competition or buy tickets at the Kaiserslautern High School Auditorium, Bldg. 2001, on Vogelweh. DSN 493-2088, civ. 0631-3406-2088.