

HeraldPOST

Serving the communities in U.S. Army Garrison Baden-Württemberg

Heidelberg, Mannheim to close by 2015

U.S. Army Europe announces 3-phase transformation process

By Bruce Anderson
USAREUR PUBLIC AFFAIRS

The Department of Defense and U.S. Army Europe announced June 23 several base closures and associated force structure changes. These actions represent the next steps in U.S. Army in Europe's ongoing transformation process.

Between now and December 2015, U.S. Army in Europe is scheduled to close 22 installations in the Heidelberg/Mannheim area and one in Giessen, and prepare them for return to the German federal government. The installations are no longer needed because of ongoing transformation and consolidation efforts.

As part of the transformation process, most of the units and organizations currently stationed in the Heidelberg and Mannheim areas will relocate. The USAREUR headquarters is expected to begin moving to Wiesbaden in fiscal year 12 and be finished by October 2014. Installation Management Command-Europe's headquarters will move during the same time period.

"These actions support the DOD global posture plan, the U.S. European Command theater posture plan, and the U.S. Army's transformation, and are necessary to ensure USAREUR has

the right force in the right place to meet mission requirements," said Brig. Gen. Allen Batschelet, USAREUR's chief of operations. "Over the past several years, we've modernized our force, including creating the 12th Combat Aviation Brigade, integrating the 2nd Stryker Cavalry Regiment, transforming our airborne forces into the 173rd Airborne Brigade Combat Team, and transforming the 21st Theater Sustainment Command. We're modernizing our force and consolidating onto Main Operating Bases to be more effective and more efficient.

"This announcement represents significant change for many of our Soldiers, employees, and their family members," Batschelet continued. "We know this is going to create challenges for them, but I can assure you that Army in Europe leaders are committed to keeping the Army in Europe community informed during this process, and ensuring that services and quality of life are maintained at the highest level possible."

This portion of USAREUR's transformation is a complex military operation involving at least 70 distinct unit actions. Because of the complexity, and to set the conditions for final movements and closures, these actions will be completed in three phases.

see **TRANSFORMATION** page 8



What facilities are affected and when?

Final dates for returns are event driven and subject to change.

Site returns are planned as follows:

- U.S. Army Garrison Mannheim**
 - Mannheim Class III Point (Summer 2010)
 - Taylor Barracks (December 2010)
 - Sullivan Barracks (2014)
 - Benjamin Franklin Village Family Housing (2014)
 - Funari Barracks (2014)
 - Coleman Barracks (2015)
 - Lampertheim Training Area (2015)
 - Edigheim Beacon Site (2015)
 - Spinelli Barracks (2015)
- U.S. Army Garrison Heidelberg**
 - Schwetzingen Training Area (Summer 2010)
 - Hammonds Barracks (December 2010)
 - Campbell Barracks (2015)
 - Patton Barracks (2015)
 - Tompkins Barracks (2015)
 - Kilbourne Kaserne (2015)
 - Heidelberg Hospital (2015)
 - Heidelberg Community Support Center (2015)
 - Heidelberg Golf Course (2015)
 - Heidelberg Army Heliport (2015)
 - Mark Twain Village Family Housing (2015)
 - Oftersheim Small Arms Range, including Rod and Gun Club (2015)
 - Patrick Henry Village Family Housing (2015)

www.bw.eur.army.mil/transformation

"This announcement represents significant change for many of our Soldiers, employees, and their family members."

-Brig. Gen. Allen Batschelet, USAREUR Chief of Operations

HP THURSDAY
July 1, 2010

Speed Read

iWATCH

The new iWatch campaign kicks off in Heidelberg today. Find out how to easily report suspicious or criminal activity to play a role in protecting your community. iWatch, iReport, iKeep us safe. 3

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CELEBRATE INDEPENDENCE

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Defense Details

REASSURANCE

The chairman of the Joint Chiefs of Staff said Monday that he returned from Afghanistan this week reassured that U.S. and NATO forces remain on track there, but also concerned about the synergy among terrorist groups in the region. Navy Adm. Mike Mullen said his trip to Afghanistan, Pakistan and Israel was scheduled before the fallout from a magazine article on Army Gen. Stanley A. McChrystal that led to the general's resignation as commander of U.S. and NATO forces in Afghanistan.

DOD MUST SAVE \$100 BILL

The Defense Department must find \$100 billion in savings over the next five years to ensure U.S. warfighters continue to have the resources they need to defend the nation now and into the future, Defense Secretary Robert M. Gates said Monday. President Barack Obama's defense budget requests for the next five years reflect the importance of growth for the department.

Army news: www.army.mil
Defense news: www.defenselink.mil

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COMMAND MESSAGE

Enjoy this Independence Day weekend



By Col. Bill Butcher
USAG BADEN-WÜRTTEMBERG COMMANDER

The Fourth of July – a uniquely American holiday that celebrates the birth of a nation founded on the principle that “...all men are created equal, that they are endowed by their Creator with certain unalienable Rights, that among these are Life, Liberty, and the Pursuit of Happiness.”

The essential meaning of those beautifully crafted words has been passed down from generation to generation in folklore, school books, ballads, poems, movies and political speeches.

Two hundred thirty-four years later, the words continue to reverberate in the hearts and minds of Americans.

Each year, Americans celebrate the birth of our nation with great pride and enthusiasm.

Perhaps, no one celebrates the birth of America as much as those who chose to protect and defend her.

At U.S. military installations around the globe, there are Soldiers, Sailors, Airmen, Marines, Coast Guardsman and Reservists who courageously stand in harm's way protecting their fellow Americans, preserving our way of life and fighting to secure the freedom of others.

Let's celebrate the birth of our nation on behalf of those who cannot with tempered enthusiasm.

If you live in the Mannheim, Kaiserslautern or Heidelberg communities, I encourage you to join the festivities that will be conducted at your installation.

If you choose to celebrate the holiday with friends and loved ones at home, do so smartly.

Don't let your eagerness to celebrate or your enthusiasm to have fun put you or others into a dangerous situation for which you are untrained, unequipped or unprepared – the result could be a career-ending or life-changing experience.

When you ride in a motor vehicle, wear your seat belts. If you're the operator, ensure your passengers are properly restrained before you put the vehicle in gear. Seat belts will help protect you and other occupants in the event of an accident.

When you ride a motorcycle, wear the required personal protective equipment and drive defensively.

When you swim, know the depth and condition of the water before you dive, and don't swim alone.

When you're outside for prolonged periods of time, use sunscreen, stay hydrated, and dress for the weather. In all activities, don't forget that alcohol can impair your judgment and coordination.

Of special note, the private use of fireworks on military installations is prohibited.

While we are far removed from the battlefield, let's not forget that we are still a nation at war and we need every member of the team, military and civilian, to support the war fighter.

With that in mind, please watch out for each other at home, work and play.

You know better than most when your battle buddy, friend or loved one is feeling stressed or depressed and you are in the best position to help them.

Don't avoid the issue, ask the question, and act if needed to save your battle buddy, co-worker or loved ones from making a bad decision that may have deadly consequences.

Life is precious!

Leaders should ensure their personnel, military and civilian, receive a safety briefing before they depart for the extended weekend.

Leaders should remind personnel in their unit that the Army and America are counting on them to be safe and return healthy and ready to execute the mission.

Finally, I want to thank each and every one of you for your service and sacrifice.

I wish you and your family a safe and happy Fourth of July.

Letter to the Editor

Dear Editor,

Will I vote or will I not? In the next election I will be old enough, so I will be eligible to vote. When that time comes I would want to vote because I have the sole right to. Voting is one way to get involved in the running of our country. It gives you a say in who is running our country and what kind of decisions they are making. I want to have my say over who is making decisions that will affect me. Everyone has the right to vote. All Americans should vote to control the decisions made that will affect their lives. If Americans did not vote then our leaders would be picked by a few people and a lot of us would not be happy about whom we have as senators, representatives or presidents.

Some people feel that their vote doesn't matter and that it's not going to make a difference because there are so many other people that vote. To me the number of others that vote does not matter because every vote counts. An election for office or passage of a bill or proposal could come down to just one vote – mine. Just imagine if every individual felt like their vote did not matter and it's not going to make a difference because a lot of other people will vote, no one would be happy since their voice was not heard. Who knows, my vote could end up being the tie-breaker. Every vote matters!

Voting is a way for us to voice our opinion. Voting is really the only way of voicing our opinion. By voting to replace a senator, representative or president or keep them is telling our government that we like or dislike they way our country is being run. It is how we keep our government a representative government. It is our opinion, our voice, our vote. We do not want the wrong people running our country, so it is our job to vote for the people we think are right. When it is election time again, I will definitely vote.

-Ashlyn Sharp

DISCUSSION BOARD

Find out what your garrison commanders and members of your community are saying in the BWnow virtual community



Join the virtual community today
<http://myBWnow.ning.com>

Question: What are your concerns about transformation in the Heidelberg and Mannheim communities?

I would have to say that my biggest concern really is just being informed on what is going on. If Mannheim is closing down first then what does that mean as far as the facilities that affect the families. The only eye doctor is in Mannheim so where do we go if that is closed? The closest furniture store is Spinelli barracks so where is the next closest one for us to go when that is closed?

What about the Mannheim port? Is that closing and then where would we have to take our vehicles to ship or pick up?

-Susan, BWnow member

Will the USAG Mannheim Housing office lift the ban on accompanied Soldiers moving off-post in support of the transformation process?

-Stephen J. Stoetzel, BWnow member

I will be PCSing to Mannheim third week of March 2011. My new unit doesn't appear to be moving right away and when they do, just moving to Wiesbaden. My concerns will center on how all this affects someone like me. What will be open, available upon arrival? How does this affect housing? I very well understand that there are probably few answers, but if I had to condense my concerns to one question, that is, how does this all effect those of us on orders to Mannheim?

-Paul Rauscher, BWnow member



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iWatch anti-terror, anti-crime program kicks off in Heidelberg

By Dijon Rolle
USAG BADEN-WÜRTTEMBERG PUBLIC AFFAIRS

When most of us hear the words neighborhood watch, the first images that may come to mind could be that of a nosy neighbor peeking through tangled window blinds with an extra large pair of binoculars strapped to his face, or a crew of residents staked out on their front porch with flashlights, road guard vests and whistles.

These are two images Tim Harmon wants you to forget about right now.

Harmon is the United States Army Garrison Baden-Württemberg Directorate of Emergency Services Physical Security Program manager, and for the past three months, he's been one of the many hands helping to launch the iWatch program.

He'll also be the first one to tell you iWatch is not your ordinary neighborhood watch program.

"The traditional community watch programs were only limited to people living in residential neighborhoods," Harmon said.

"However, the iWatch program initiative extends itself to schools, military units and to personnel who reside on and off post."

Harmon also pointed out that iWatch is not a "pro-militant neighborhood watch program armed with flashlights, radios or road guard vests, a voluntary membership program or a nosy neighborhood program."

"It's very important we

educate our community on how to keep it safe in order to identify, deter or better yet stop incidents such as the previous shooting incident in Fort Hood or in Times Square in New York," Harmon said.

The iWatch program is an Army mandated community awareness program designed to inform the community about behaviors and activities that may have a link to terrorism and criminal activity.

It also was created to facilitate a partnership between the U.S. military, civilian community and the Directorate of Emergency Services.

Melvin Jones is the director of emergency services for USAG Baden-Württemberg, and for him, the iWatch program is a means to multiply their resources.

"This program is very important because law enforcement and security assets cannot be everywhere at all times," Jones said. "Additionally, iWatch allows community members to help keep their community safe by letting us know where suspicious activities occur.

"That way we can focus our assets and apply mitigation measures as appropriate."

Some examples of suspicious behavior could be intruders in secure areas, cars or trucks left in no-parking zones in front of important buildings, or people asking questions about sensitive information without a right or need to know.

Harmon says currently the iWatch program is only being launched in the Heidel-



berg community, but there are plans to expand the program to Mannheim and to coordinate program efforts with the Kaiserslautern community where the Air Force's "Eagle Watch" program is being used.

There also will be educational briefings available to units and organizations to explain what the program is, how it works and what other types of suspicious activities

individuals should look for.

The iWatch program works by allowing an individual to report any unusual or suspicious behavior they may notice by submitting a suspicious activity report on the iWatch Web site at www.bw.eur.army.mil/iwatch or by contacting his local military police station.

The iWatch program is open to all military members, civilians and local nationals.

"Everyone plays a key role in iWatch because they see things that we don't, and they can help make us aware," Jones said. "Even the smallest bit of information may be the missing piece to the puzzle."

For more information on the iWatch program or to schedule iWatch training for your unit or organization, call DSN 388-2357 or DSN 373-6504. You can also visit www.bw.eur.army.mil/iwatch.

'Sex Signals' to combat sexual harassment in Kaiserslautern

By Kelley English
USAG KAISERSLAUTERN PUBLIC AFFAIRS

The newest in sexual harassment prevention shows, "Sex Signals," is coming to Kaiserslautern July 20.

With realistic dating scenarios, the show will change the look of sexual harassment to local Soldiers, civilian employees and families.

"Sex Signals is a dramatic play used to deliver a message through theater. It's only a cast of two, and it's amazing how two people can deliver such a

strong message. No organization wants to say that they have problems with sexual assault and things of that nature. But you know what, it's real. It's here and the only way we can combat it is to ensure that we make the public aware," said Michelle Thomas, U.S. Army Garrison Kaiserslautern's Army Community Service director.

This is a free show with three performances throughout the day at the Galaxy Theater on Vogelweh. The program is part of the Sexual Assault Prevention and Response programs and supported

by the "I.A.M. Strong" Campaign.

Sex Signals interactive training is one of the Army's newest sexual assault and sexual harassment education and prevention programs. There will be constant interaction with the audience throughout the 75-minute show, followed by a one-hour open floor discussion between the audience and performers.

"We are taking a whole different look to the problem and coming from a different angle," Thomas said. "We can give them a flyer; we can stand in front

of them and lecture all day. Let's give them some visibility; let's show them what we're talking about and this program is a great approach to do so. It's a great way to relay the message that sexual assault cannot be tolerated and will not be tolerated."

The first performance will be at 9 a.m. and open to Soldiers. Civilian employees and contractors will be permitted to attend at 1:15 p.m., and family members will have a chance at 3 p.m. All showings should consist of audience members ages 18 and older.

V Corps trains in Norway



French Army Staff Sgt. Romain Beaulinette

Reporters interview Col. Keith Bean of V Corps' Fire Support Element June 21 during a media engagement training scenario that was part of a two-week mission rehearsal exercise at the Joint Warfare Center in Stavanger, Norway, designed to prepare service members from several allied nations for their upcoming deployment to Afghanistan. Bean served as the director of the combined joint operations center that was the focal point for the more than 800 NATO service members and members of the Afghan National Army and Afghan National Police who participated in the MRE.

Soldiers participate in combined exercise with allied nations

V Corps Public Affairs

STAVANGER, Norway — Soldiers from the headquarters element of U.S. Army Europe's V Corps were among more than 800 NATO service members from Norway, France, Germany and other allied nations who participated in a combined mission rehearsal exercise here June 13-24.

The exercise was the last training session of several conducted by the allied forces in preparation for their July deployment to Afghanistan.

The MRE took place at the Joint Warfare Centre on the Ulsnes Training Area 4 kilometers north of Stavanger.

The training consisted of four days of electronic working practices, a session in functional areas training, and one week of battle staff drills. The training was taught in a "crawl, walk, run" format designed to help the participating service members prepare for

the challenges they will face in their assigned functional areas during deployment.

"The first day we start the battle drills with about 30 percent of activity, and now we are working at 100 percent," said Sgt. Briffault Anthony of the French Army's Military Hospital Logouet.

This exercise was designed to familiarize the deploying service members with the jobs they will take on during the 12-month combat tour, to facilitate a smooth transaction between those troops and the forces they are replacing.

"In this training, we had to base our decisions in real scenarios or situations that happened in Afghanistan," Briffault said.

The exercise replicated the mission in Afghanistan, a NATO-run operation requiring forces from several allied nations with different doctrines to operate and maneuver in concert. Members of the Afghan army and police participated as well.

"The exercise is focused on communications be-

tween different countries, and operations and procedures used by U.S. and NATO forces," said Lt. Gen. Wolfgang Korte of the German Army, the Joint Warfare Centre commander.

Personnel currently deployed with the International Security and Assistance Force and the ISAF Joint Command Headquarters in Afghanistan took part in the exercise here to provide MRE participants with realistic feedback and real-world information on current operations in Afghanistan.

The training center set up a simulated operations center similar to the Combined Joint Operation Center the deploying service members will operate in Afghanistan. Teams composed of troops from a mix of allied nations manned the center's individual operating cells and had to react to complex exercise scenarios and operations as if they were doing their actual jobs in Afghanistan.

"The operation at CJOC was difficult at first, since I did not know who all the players were and what their role was. So being in this environment helped me

to learn that," said 1st Lt. Cheyenne Patel, a V Corps medical operations officer. "As far as working with the different nations, I feel like they have been the most patient with us, and have worked very hard in communicating with us."

NATO personnel stationed at the JWC served as trainers and provided logistical and technical support for the exercise.

During the MRE, the multinational participants worked together to build camaraderie, trust and the working relationships and skills they will need to be successful in Afghanistan.

"My comrade from France has been fun to work with," Patel said. "There was no difficulty or conflicts, since we both arrived here with the need to learn our jobs and set aside previous experiences and training knowing that this would be a joint environment."

Operations in Afghanistan are focused on supporting a legitimate government while maintaining security and building partnerships among NATO and Afghan forces and the Afghan people.

Central Texas College hosts commencement ceremony

Central Texas College Europe

Central Texas College Europe Campus held its annual commencement ceremony June 16 at its headquarters on Coleman Barracks in Mannheim.

Graduating students received an associate's degree or certificate of completion in one of the vocational technical programs the school offers.

"Non-traditional education is very non-traditional when it is linked to military service," said Anthony R. Williams, CTC instructor and guest speaker. "These students managed to stay the course and reach an academic goal under circumstances that most cannot imagine. While their friends and associates are hanging out at the club, students have their heads hanging over books."

Graduate April Brooks started taking courses with CTC in October 2008. This, she says, was a big step.

"I remember being nervous because I hadn't been to school in 17 years," Brooks said.

According to graduate Janitte Rippey, "The hardest part was when my husband was deployed, but it made me focus my time on school instead of on his mission out there. But sometimes I had to struggle to meet deadlines with a full-time job and two kids."

And Eric Robinson, who completed a degree in criminal justice and is working on his bachelor's degree with the University of Maryland University College, says, "It has been difficult working a full-time job while being a full-time student."

But the benefits of all that hard work and sacrifice will pay off, the grads agreed.

"As a military spouse, we face lots of competition for the jobs available, so the more degrees you have, the more chance you have to be considered for a position," Rippey said.

Most of the graduates indicated they have already started work on a bachelor's degree.

"The United States and the global community need people like these students who through the enlightenment of education hone their abilities to seek out innovative and fair solutions to today's problems," Williams said.

Central Texas College Europe Campus graduates also took part in commencement ceremonies conducted at education centers in Iraq, Afghanistan, Kuwait and Bahrain; as well as in Italy at Sigonella, Naples and Vicenza, and in Rota, Spain, with a total of more than 50 graduates.

New online voter registration assistant launches this week

Federal Voting Assistance Program

The Federal Voting Assistance Program has launched an online voter registration assistant in conjunction with Armed Forces Voters Week and Overseas Citizens' Voters Week, going on now through Wednesday, to help more than 6 million military, their voting age family members and overseas voters better navigate the registration process.

The new online FVAP Voter Registration Assistant helps automate a once cumbersome, manual process in advance of the mid-term elections. Go to www.fvap.gov to register and request your absentee ballot.

The online FVAP Voter Registration Assistant guides users through voter registration, avoiding the confusion of navigating the state-by-state instructions to fill out the registration forms. Guiding voters step-by-step ensures all information is filled out completely before moving on. At the end of the process, the assistant provides the completed form for signature and the appropriate address and delivery information for their voting district (mail, fax or e-mail).

In 2008, FVAP asked local election officials why registration and absentee ballots were rejected. The responses indicated that voting forms were inadequate, incomplete or mailed to the wrong jurisdiction. Since Uniformed Service and overseas voters must start the voting process earlier than their stateside friends and relatives, fewer mistakes at the outset of the process ensures that the appropriate documentation is received and returned on time.

"You may be absent come Election Day, but you can be accounted for," said Bob Carey, FVAP director. "Go to FVAP.gov, fill out your registration and absentee ballot application online, and send it back in July so that your election official has time to process it and send you back your absentee ballot for the November general election."

To support the launch of the online assistant, and in celebration of AFVW and OCVW, FVAP has also unveiled a worldwide marketing campaign designed to direct voters to www.fvap.gov, where they can find and utilize the absentee voting resources made available by the government.

New campaign encourages participation

As Armed Forces and Overseas Citizens' Voter Week gets underway, FVAP is also launching a robust marketing and communications campaign to increase voter awareness of FVAP.gov, to educate voters on the voting process and increase voter success rates.

Underscoring the message that as a military member or overseas citizen, you can "be absent, but be accounted for," the campaign will ultimately include usage of online assistants, Web sites, electronic games and TV as well as print advertisements. Advertisements will run in the Military Times, International Herald Tribune and Stars and Stripes. Additional ads will appear in the August issue of Military Spouse magazine.

AFVW and OCVW are coordinated efforts by the Department of Defense and the Department of State to reach out to all military and overseas citizens.

The purpose of this week is to encourage all citizens voting under the Uniformed and Overseas Citizens Absentee Voting Act who have not registered to vote or requested an absentee ballot this year to do so at this time.

FVAP encourages both military and Department of State voting assistance officers to enlist the help of organizations to participate in AFVW and OCVW.

Local Voting Assistance Officers

Heidelberg: Oleksandr Babenko DSN 373-5027, Bryan Simpson DSN 373-9798
Mannheim: Marcia Sierra-Williams DSN 385-2774, EYvonne Klink DSN 385-2434
Kaiserslautern: Mimi Azarraga DSN 493-4165, Thomas Farmer DSN 483-6509
Baden-Württemberg Voter Action Line: DSN 373-6334

Faces of the community: Heidelberg Java Café



Lynn Davis

Rachel Gallop, Heidelberg Java Café assistant manager, makes a non-fat caramel macchiato for a customer. The Java Café is located on Patrick Henry Village and offers Starbucks coffee, specialty teas, smoothies, sodas and tasty baked treats. The Java Café is open Monday-Friday 6:30 a.m.-8 p.m., Saturday 8 a.m.-8 p.m., Sunday 10 a.m.-6 p.m. and holidays 8 a.m.-4 p.m. DSN 388-9453, civ. 06221-388-9453.

Excellence in logistics

6 local units bring home Army-level Combined Logistics Excellence Awards

USAREUR Public Affairs

Fifteen Europe-based logistics organizations were honored at the Department of the Army level Friday for their excellence in maintenance, supply or deployment operations. Six of those awards went to local units in Mannheim and Kaiserslautern.

The honors, presented in Washington, D.C., are awarded each year under the Combined Logistic Excellence Awards program and are considered a symbol of pride and excellence within the logistics community.

USAREUR logistics experts say the CLEA program serves as a catalyst for improving proficiency and efficiency in logistics organizations across USAREUR.

By competing, these organizations achieve more than recognition; they achieve a level of proficiency that helps them accomplish their missions with the highest efficiency, said Chief Warrant Officer 3 Travis Byrd of the USAREUR logistics directorate.

The winners from units within U.S. Army Garrison Baden-Württemberg are:

Army Award for Maintenance Excellence

- ♦Table of Distribution and Allowances medium unit category runner-up: Maintenance Activity Mannheim
- ♦TDA large unit category runner-up: Maintenance Activity Kaiserslautern
- ♦TDA small unit category runner-up: 6981st Civilian Support Group (Mannheim)

Deployment Excellence Award

- ♦Active Army large deploying unit category winner: 72nd Expeditionary Signal Battalion (Mannheim)
- ♦Active Army supporting unit category winner: 39th Transportation Battalion (Movement Control) (Kaiserslautern)

Supply Excellence Award

- ♦LEVEL IV (A) Supply Support Activity MTOE category winner: 5th Battalion, 7th Air Defense Artillery (Kaiserslautern)

Logistics units in Europe interested in learning more about the USAREUR logistics staff assistance visit program or the CLEA awards programs can go to www.dcs4.hq.usareur.army.mil/clrt.htm or e-mail G4-CLRT-Team@eur.army.mil.



Combat Lifesaver



Jonathan Ochert

Staff Sgt. William Eagleblanket looks through a bag of medical supplies during a Combat Lifesaver course on Patton Barracks in Heidelberg Friday. Soldiers from various installations trained for three days to learn how to properly treat injuries caused on the battlefield, ranging from bleeding to hyperventilation.

(Left) Air Force Staff Sgt. Jason Leffall treats simulated wounds in a Combat Lifesaver course on Patton Barracks Friday.

TRANSFORMATION

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Throughout all three phases, medical and other quality of life services will continue to be adjusted to meet the needs of the community. Department of Defense Schools officials will assess school programs and facilities to best adjust their support as enrollments decrease. Family housing in the affected installations will be vacated by attrition, and the garrison will direct new assignments within the Mannheim/Heidelberg footprint as appropriate.

Phase 1 has already begun, and is largely focused on the Mannheim community and its tenant units. USAREUR anticipates a 50 percent reduction of the Mannheim garrison population by the summer of 2010. Units from Taylor, Tompkins and Hammonds barracks will consolidate mostly on Coleman and Spinelli barracks, as well as a small enclave at Sullivan/Funari/Benjamin Franklin Village housing area.

IMCOM-Europe expected to inactivate U.S. Army Garrison Heidelberg by the end of June 2010, followed by the inactivation of USAG Mannheim by the end of May 2011. Although these garrisons are scheduled to be inactivated, quality of life support will continue and be adjusted over time as the population decreases. USAG Baden-Württemberg will provide garrison support for remaining units until it is inactivated by the end of September 2014.

The Schwetzingen Training Area and the Mannheim Class III Point are expected to be returned to the host nation in the summer of 2010. Hammonds and Taylor barracks are expected to be returned by December 2010.

Phase 2, which begins in October 2011 and ends in December 2014, continues the focus on the Mannheim community and also sees one Heidelberg-based unit, the 529th Military Police Company, beginning its move to Wiesbaden. By summer 2012, most of the Soldier population in Mannheim will have departed. The Sullivan/Funari/Benjamin Franklin Village housing area enclave will be vacated, and is expected to be returned to the host nation by the end of 2014.

By December 2014, all remaining Mannheim units are expected to be consolidated on Coleman or Spinelli Barracks, and will rely on USAG Baden-Württemberg for quality of life support.

Phase 3, which begins in 2012, focuses on the relocation or inactivation of remaining Heidelberg and Mannheim units, and ends by December 2015 when all personnel have departed and the installations are returned to the German federal government. The only exceptions are the Gernersheim Army Depot, the Heidelberg AFN Relay Facility, and the AAFES Grünstadt facility, which will fall under the control of USAG Kaiserslautern.

This phase includes the moves of the USAREUR and IMCOM-E headquarters, and associated units. While this transformation announcement is not related to the recent Quadrennial Defense Review recommendations, the QDR has an impact. If the QDR recommendations are implemented and Headquarters, V Corps remains in theater, it will also relocate to Wiesbaden by October 2014.

The changes will decrease the U.S. Army's total population in Germany by approximately 7,500 U.S. personnel – 1,500 Soldiers, 1,500 U.S. civilian employees and an estimated 4,500 family members, as well as 1,045 local national employees. In addition, approximately 3,500 Soldiers, family members and U.S. and local national employees will be affected by unit moves to locations within Germany that have not yet been finalized. In Italy, the return of a transportation platoon based in Vicenza to the United States will result in the decrease of approximately 50 Soldiers and 70 family members.

"These actions are the last significant events in the transformation process USAREUR started in 2003, and we don't expect any new major changes once we have finished these moves. However, everyone should realize that we regularly assess our structure and stationing to make sure we have the right units in the right places. Change is one thing that has been pretty constant throughout my career and USAREUR's history," Batschelet said.



Col. Bill Butcher

USAG BADEN-WÜRTTEMBERG COMMANDER

COMMAND MESSAGE: Taking care of our community is my number one priority

The Department of Defense has just announced the upcoming closure of the Heidelberg and Mannheim military communities and the movement of forces from those areas between now and 2015.

It is a gradual procedure that won't happen overnight.

Throughout the process, my number one priority is to continue to take care of Soldiers, civilians, families and our local national workforce. From the Soldier who has just joined our community to the host nation employee who has been here 30 years, we'll make every effort to provide continued, excellent services for you and your families throughout this process.

I'm committed to making sure we do the right things to keep you informed of upcoming changes and give you a place to ask questions.

We've set up a transformation Web page at www.bw.eur.army.mil/transformation where we'll post everything we know about changes happening in the community - anything from operating hours to facility closures. When we know, you'll know.

Connect to our BWnow virtual community at <http://myBWnow.ning.com> or www.facebook.com/BWnow to comment or ask questions. I won't know all of the answers immediately, but I assure you I will keep you posted on what I know when I know it.

Much will be changing in the coming years. My priority is you, and I am dedicated to keeping you in the loop about what's happening so you can make educated, informed decisions.

Throughout this process, we continue to be your "Home Away From Home."



Petty Officer 2nd Class Ted Green

A U.S. Soldier from Bravo Company, 5/20 Infantry, 2nd ID provides supporting fire during a squad live fire exercise in Kirkush Military Training Base, Diyala province, Iraq, June 10. U.S. and Iraqi forces trained to clear mined and wired obstacles, clear bunker complexes and react to contact.



U.S. Army Photo

Sgt. Diana McClure, a medic with Headquarters and Headquarters Troop, Regimental Troop Squadron, 278th Armored Cavalry Regiment, 13th Sustainment Command (Expeditionary) and a Palmersville, Tenn., native, provides medical care to a child having a seizure June 16 during a United Nations inspection mission in Baghdad.



U.S. Army Photo

U.S. Army Spc. Newton Carlicci travels dismounted while on his way to his outpost from the village of Paspajak, Charkh District, Logar province, Afghanistan, June 20. Carlicci and his platoon went to this village to check on conditions by communicating with the locals.



Spc. Eric Cabral

U.S. Army Spc. Brandon Rodriguez crosses a stream while patrolling the area surrounding Forward Operating Base Baylough in Zabul province, Afghanistan, on June 21. Rodriguez is from 1st Platoon, Delta Company, 1st Battalion, 4th Infantry Regiment, U.S. Army Europe.

OUR ARMY around the world

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U.S. Air Force Staff Sgt. Angelita M. Lawrence

U.S. Soldiers wait to board a C-17 Globemaster III cargo aircraft based at Charleston Air Force Base, S.C., on the ramp at Pope Air Force Base (AFB), N.C., during a joint forcible entry exercise (JFEX) June 21. More than 98 Service members performed an airborne insertion from the aircraft during JFEX, a weeklong exercise conducted six times a year by Soldiers from Fort Bragg and Airmen at Pope AFB that is designed to enhance cohesion between the Army and Air Force through large-scale heavy equipment and troop movements.

Independence Day Celebrations

By Jonathan Ochart
HERALD POST INTERN

Although an ocean exists between the Baden-Württemberg military communities and the United States, Family and Morale, Welfare and Recreation will bring American traditions ashore through activities as robust as the fireworks expected to fly this Fourth of July.

However, members of the Heidelberg, Mannheim and Kaiserslautern communities can expect more than fireworks commemorating Independence Day. At the PHV Park in Heidelberg, the celebration begins at 4 p.m. and includes live music by the U.S. Army Europe Chorus and Jimmy's Souliquity, winner of the 2010 Battle of the Bands.

As with celebrations in the United States, a number of foods and beverages will be available at the park. Even a pie-eating contest lines the menu.

"The programs definitely bring the community together in one central location," MWR Marketing Assistant Danielle Jackson said. "There aren't many big events in the community, but on this day everyone comes together for picnics and fireworks. It's a good morale booster and lets community members enjoy being American with activities such as the pie-eating contest."

Community members may also test their aim at the dunk tank sponsored by Better Opportunities for Single Soldiers, or compete in a beach volleyball tournament (contact the Patton Fitness Center at DSN 373-6110, civ. 06221-17-6110 to sign up). If more inclined to test one's luck, individuals can participate in a number of raffles and prize giveaways.

Once darkness meets the sky, a large fireworks display will commence and illuminate the surroundings. In addition, a salute to all 50 states will take place. Those wishing to join the merriment on PHV can use a special shuttle bus service visiting each Heidelberg post.

To Jackson, the festivity will capture the spirit of Independence Day.

"Our emcee last year presented American trivia, so it was not only fun but people could learn history as well. We also had live music like this year, where the USAREUR Chorus had a swing sextet and played popular American songs. We'll also have decorations like at traditional Fourth of July celebrations, so people can feel like they're at home," Jackson said.

After the fireworks come to an end, community members ages 18 and older may begin yet another celebration at Legends' Fourth of July After Party from



Herald Post Archive

10 p.m.-2 a.m.

Members of the Mannheim community may also relish in more than hot dogs and hamburgers by participating in the programs made specifically for the Independence Day carnival at the German-American Summer Fest near the Mannheim Theater.

In addition to a variety of disk jockeys, the Doug Adkins Band, rides and giveaways, community members may listen to the Pledge of Allegiance recited by elementary school students and the national anthem to be sung by the teen and adult winners of Mannheim Idol.

"I believe the community will enjoy the aura of the carnival for the Fourth of July, the activities inside of the tent, and the giving out of patriotic items for visitors," Christopher Clemens, director of MWR Mannheim, said.

Fireworks, accompanied by patriotic music, will follow these diversions beginning at 10:45 p.m. According to Clemens, the explosions in the sky "can put a tear in people's eyes."

Those in the Kaiserslautern military community may partake in the Independence Day celebration at the Ramstein Air Base beginning at 2 p.m. on Ramp 6. Individuals can enjoy a number of activities including a dog show, a baking contest, live entertainment and the Kaiserslautern Military Community Idol Competition.

Fireworks will touch the sky beginning at 10:30 p.m. Those in need of transportation may take advantage of a shuttle bus to and from the Ramstein Base Exchange beginning at 1:30 p.m. until 1:30 a.m. the next day.

While not currently present in the United States, individuals may experi-

Mannheim

The Mannheim German-American Summer Volksfest will continue 2 p.m.-1 a.m. July 4 at the Benjamin Franklin Village Sports Arena. The event will include:

- Carnival rides
- Live broadcasts of the FIFA World Cup soccer games
- Live entertainment
- Fireworks
- Food booths

Kaiserslautern

The KMC Rockin' 3rd of July Celebration will be held 2 p.m.-midnight at Kapaun. The event will include:

- Live entertainment: Clay Crotts Band, Fishermann's Friend and Jon Tones
- Food booths
- Carnival rides
- Games and prizes
- Fireworks

Heidelberg

The Heidelberg 4th of July Celebration will be held at 4 p.m. at the Patrick Henry Village Park behind the library. This year's event will include:

- Music from Jimmy's Souliquity, the Battle of the Bands winner, and the USAREUR Chorus
- Food and beverage booths, or you can bring your own picnic
- Beach volleyball competition (Call DSN 373-6110 to sign up)
- Pie eating contest and games for kids
- BOSS dunk tank
- Fireworks display at dusk
- Salute to the 50 states
- Prize giveaways

ence a taste of home this Fourth of July in much more than one way. This year, not even an ocean can prevent a memorable Independence Day packed with delicious food, music, games and more from reaching the Baden-Württemberg military communities.

GERMAN COOKING

Krauterfladen - Waehe (Swabian Pizza)

Servings: 4

Ingredients:

- 250 grams flour (2 cups plus 3 1/2 tablespoons)
- 25 grams fresh yeast (.9 ounces)
- 1 3/4 liters milk (1/2 cup plus 1/2 tablespoon)
- 1 dash salt
- 1 egg
- 50 grams butter (3 1/2 tablespoons)
- 1 topping:
 - 4 or 5 bunches of green onions
 - 2 or 3 bunches of chives
 - 1 teaspoon (level) ground nutmeg
 - 1/8 liter sour cream (1/2 cup plus 1/2 tablespoon)
 - 1 egg
 - salt to taste
 - 150 grams butter (2/3 cup)

Directions:

- **Dough:** Mix a regular yeast dough and shape it into small circles, 4 1/2 to 6 inches in diameter. Then stretch these circles, from the center towards the edges so that the center is slightly thinner and the edge of the circle forms a slightly thicker rim.
- Finely chop the onion and chives, mix with the egg and sour cream. Stir in the nutmeg and salt.
- Fill the center of the 'Waehe' with this mixture.
- Bake at moderate heat until yellow. Remove from oven, dot with butter, and serve piping hot.

SOURCE: www.mygermanrecipes.com

Learn all about German Cuisine, Food Shopping and Nutrition

Are you curious about local foods available on the economy? Visit an organic food store or a typical grocery store accompanied by a registered dietitian who is fluent in the German language and an expert on cultural nutrition differences. Call the Nutrition Care Branch at the Heidelberg Health Center to book your free tour, DSN 371-2747, cv. 06221-17-2747.



Vicki Johnson is a military spouse and clinical social worker with more than 12 years experience working with families in crisis. To contact Ms. Vicki, e-mail her at dearmsvicki@yahoo.com.

Dear Ms. Vicki,

I'm totally stressed out! My entire life seems to be totally chaotic because I have so many things going on right now.

My husband is deployed, my 16-year-old son is acting out fiercely, my mother is very ill with kidney problems and my father has Alzheimer's. This is only the half of it, and I'm having trouble keeping up with everything.

I'm traveling every weekend to check on my parents because many of my siblings don't care to help with their care. I guess I just don't know which way is up or how to deal with everything that is going on, or should I even try.

This is more than is humanly possible to do. Is stress really that bad for you? Can stress be deadly? My husband keeps telling me I'll be OK and that I have to hang in there. So is it right for me to say, "hey I can't do it all" and totally shut down. I feel like that is what's about to happen.

Please help me, because I really feel like I'm at my breaking point.

From: Too Much To Handle

Dear Too Much,

What is stressful for one person may not be stressful for the other.

Not all stress is bad for you. For example, it may be stressful trying to work toward a promotion, planning a wedding or training for a marathon, etc.

These events can be stressful, but they can actually be good for us because they help us to be more creative or industrious. Conversely, stress can devastate our minds, our bodies and our lives.

It sounds like you could be experiencing intermittent stress. I've noticed that people experiencing intermittent or episodic stress have some common personality types. Do you relate to these personality types: take on too much, put too many demands and pressure on themselves, will commit and say yes to everything?

This person will constantly live in a world of chaos trying to keep up. A person with chronic stress comes from more profound fixed issues or concerns. This person feels trapped and like there is no way out.

This constant stress can lead to heart problems, stroke and a variety of chronic diseases. A person with chronic stress seeks no way out of their situation.

In your situation you must know that this is not the end of the world. You need to build a network of professional and paraprofessional support to help you and your parents.

First of all, contact the department of aging in your parents' local area. They can let you know what services your parents are eligible for to include many in-home

services to help them and you, too. From your report it appears that your parents are in need of many services if they are to remain in their own home. I totally understand about caring for aging parents because I too care for my elderly mother in my home.

It's not easy; it can be stressful, but I am committed to caring for her in our home for as long as her needs can be met here. However, I have a strong support network of other people who help me in this area.

I think it's imperative that you contact Military OneSource and visit your Army Community Service office on base. Both have many resources to help you. The number to OneSource is 800-342-9647. Coping with stress is crucial and very necessary. Everyone has life events that are beyond our control but we have to learn to control our reaction to these events.

Again, my advice is for you to start working with a therapist or a clinical social worker who can help you confront your stress and provide coaching to help you alleviate some of the detrimental stress you are experiencing. In the mean time here are some quick tips:

-Try to find a quiet spot and take 20-30 minutes a day to relax. Turn off the phones, faxes, televisions etc. Oh, and you have to picture yourself in a serene location. Mine is on a beach in on the north shore of Oahu.

-Realize there are life events that are beyond your control and some things you will not change.

-Try to find some good in every situation. For example, yes my mother lives in my home but it provides my sons an opportunity to spend more time with their grandmother.

MTES students travel to Michigan for worldwide competition

Mark Twain Elementary School

A group of fourth and fifth graders from Mark Twain Elementary School traveled to Michigan State University to compete in the World Finals of Odyssey of the Mind May 26-29.

Inspired and accompanied by their coach Kelly Dreyer, the team of seven students – Eli Best, Ellie Dreyer, Jenny Griffith, Caitlin Hebert, Daniel Longmuir, Delaney Longmuir and Nicholas Russey – competed against more than 70 teams in their division.

The team returned to Heidelberg with an 11th-place ranking. Dreyer was assistant coach for a team that traveled to World Finals from MTES last year, but each of the students on this year's team was new to competition at the world level.

Odyssey of the Mind is an international educational program that provides creative problem-solving opportunities for students from kindergarten through college.

Team members apply their creativity to solve



Courtesy Photo
The Mark Twain Elementary School Odyssey of the Mind team conducts a dress rehearsal before heading to Michigan for the World Finals at the end of May.

problems that range from building mechanical devices to presenting their own interpretation of literary classics. They then bring their solutions to competition on the local, state and world level.

Thousands of teams from throughout the U.S. and from about 25 other countries participate in the program. This year, approximately 16,000 people

traveled to Michigan for the World Finals competition. Thirteen countries were represented by the 813 teams that competed in the various age group categories.

Competing in the 'Food Court' long-term problem category, the MTES students worked throughout the school year writing a script, making costumes and backdrops, and perfecting their 8-minute performance.

With such imaginative characters as 'Barack O'Broccoli,' 'Lulu Honeydew,' 'Bob the Burger' and 'Lily Lolly,' the team incorporated humor, song and a bit of drama into their production entitled "Food's Got Talent."

In addition to the score received upon performance of their skit, competing teams are scored as they work together to solve 'spontaneous' brain teaser problems.

The trip to Michigan was made possible by fundraisers, donations from private individuals and grants from local organizations. For more information, visit www.odysseyofthemind.com.

GET OUT!

area events

More events online at <http://myBWnow.ning.com>

July 2

Recovery Room - The Recovery Room is celebrating the decades. Disc Jockey Mad-Logic and Disc Jockey Remy are dropping the beats every weekend in July starting with the best dressed for the '70s and every weekend after with the '80s, '90s and today. www.mwgermany.com.

July 3

Mannheim Idol Finals - See all the finalists from the Mannheim Idol competition 6 p.m. at the German-American Fest tent. The winner will sing on the 4th of July at the German American Fest. DSN 380-9370, civ. 0621-730-9370.

Long Night of Shopping - "Shopping like a world champion" - this is the slogan of Weinheim's long shopping night. Stores are open until midnight and have specials or reduced prices for customers. During the day, look for lots of activities for children to enjoy as well.

Escape to Brussels - Enjoy a weekend in Brussels. Cost is \$169 and includes transportation, lodging and breakfast. Contact your local BOSS representative. www.mwgermany.com.

Rhine River Cruise - Sign up early for this unforgettable one of a kind Rhine River spectacle - Rhine Aflame. Enjoy the annual spectacle of the "Night of the Magic Lights." <http://affiliates.uso.org/Kaiserslautern>.

Mine Tour - One of the few silver and vitriol mines in this area is located in Schriesheim and called Grube Anna-Elisabeth. During the 'Bergwerkfest' visitors can take tours of the mine and enjoy lots of entertainment. Civ. 06203-68167. www.bergwerk-schriesheim.de.

July 4

Choir Performance - The Chor der St. Konrad Kirche will perform at the Catholic mass at Mark Twain Village Chapel in Heidelberg at 9 a.m.

July 5

Holiday Park - Enjoy a trip to Holiday Park with Kaiserslautern Army Outdoor Recreation. DSN 493-4117, civ. 0631-3406-4117.

July 8

USAREUR Concert - The U.S. Army Europe concert band and chorus will host a summer concert 6:30 p.m. at the Heidelberg Castle courtyard.

July 9

USAREUR Concert - The U.S. Army Europe chorus will perform a summer concert 5

p.m. at the Bretzelfest in Speyer at Maximiliansstrasse near the cathedral.

North Sea Jazz Festival - Enjoy the smooth sounds of the North Sea Jazz Festival with Kaiserslautern Army Outdoor Recreation. DSN 493-4117, civ. 0631-3406-4117.

July 10

Skydiving - Join Kaiserslautern Outdoor Recreation for a day of skydiving. DSN 493-4117, civ. 0631-3406-4117.

Pretzel Fest - Visit the 100th Speyer Pretzel Fest, where you'll enjoy both modern and classic carnival rides, beer gardens, a huge festival tent and daily live music on three stages all housed on the fairgrounds around the famous Speyer cathedral. www.mwgermany.com.

Mountain and Road Bike Weekend - Army Outdoor Recreation will host a two day weekend bike race at Schopp Mountain Bike Park and Rhine Ordnance Barracks in Kaiserslautern. Registration: DSN 493-4117, civ. 0631-3406-4117.

Dachau and Schleissheim Palace - The name Dachau is synonymous with the horrors of World War II. During this tour, you will view a short documentary film in English and tour the museum, reconstructed barracks, and the memorial built to honor those who lost their lives in the camp. After the tour the next stop will be the Schleissheim palace complex. This beautiful complex founded by Duke William V of Bavaria. <http://affiliates.uso.org/rheinneckar>.

July 11

FIFA World Cup - Watch the World Cup match at 8:30 p.m. in Kaiserslautern on Armstrong Community Club's big screen TV. www.mwgermany.com.

July 16

Extreme Adventure Weekend - Spend a wet and wild weekend experiencing extreme white water rafting and canyoning in Austria with Kaiserslautern Army Outdoor Recreation. DSN 493-4117, civ. 0631-3406-4117.

Karaoke Best Singing Competition - Bring your best singing talent to Armstrong's Community Club on Vogelweh Housing in Kaiserslautern. Competition begins at 11 p.m. Prizes will be awarded to first, second and third place. DSN 489-6000, civ. 0631-354-9986. www.mwgermany.com.

Heidelberg Historic Rally - Enjoy the sights and sounds of classic cars during this annual rally. Catch the action at the Heidelberg Market Square outside of the Heidelberg Rathaus. www.heidelberg-historic.de.

Flame Concert - The group Flame will perform a free concert at Ludwig-Wagner Strasse 17 in Wiesloch. Purified and S.O.C.O.M. will also perform. Civ. 0160-98524792.

July 17

Deep Sea Fishing - Join the Kaiserslautern Army Recreation for a day of deep sea fishing. DSN 493-4117, civ. 0631-3406-4117.

Prague - Spend a fun day in the capital of the Czech Republic, the most exciting city in Central Europe. Take a guided tour to learn about this incredible city full of rich, opulent beauty, with an epic history. Our fascinating route takes in the four most interesting and important parts of the city. <http://affiliates.uso.org/rheinneckar>.

Flea Market - Are you PCSing and looking to lighten your load or are you new here or just searching for unique things to fill your home? Visit the indoor flea market for exciting deals on interesting treasures 8 a.m.-2 p.m. Sellers are welcome too. Come to the Special Events Center on Rhine Ordnance Barracks in Kaiserslautern, Bldg. 237. www.mwgermany.com.

July 24

Holland Sailing Adventure - Set sail for a nautical adventure on Holland's inland coast between Amsterdam and Volendam. During the cruise, you can relax and enjoy the experience or volunteer to help the crew members as they chart the course toward Volendam. Enjoy free time in Volendam to explore, shop, or just have a meal or drink. The tour will then head to Amsterdam for more shopping and free time. <http://affiliates.uso.org/Kaiserslautern>.

July 31

Boat Cruise - The Rhein-Neckar Silver Chapter, Warrant Officers Association will host its annual four-castle illumination river boat cruise and castle fireworks display 8 p.m. July 31. Tickets are €30 each or two for €55. Children 7 and under are free. The boat will dock at the "Alt Heidelberg" and depart from the front of the Heidelberg Stadthalle on highway B37. Boarding starts at 7:30 p.m. Tickets are limited. Food, drinks and raffle tickets will be available for purchase onboard. DSN 370-9696, civ. 0151-127-29079.

Chili Cook-Off - The annual chili cook-off will be held July 31 at the Heidelberg Rod and Gun Club in Otfersheim. Cooking starts at 9 a.m. and judging begins at 3 p.m. There is a \$5 entry fee. This has grown into a huge and competitive event, so get your team together and start testing those recipes now. Civ. 06202-51193. www.mwgermany.com.

coming to THEATERS

THE TWILIGHT SAGA: ECLIPSE



(Kristen Stewart, Robert Pattinson) Bella once again finds herself surrounded by danger as Seattle is ravaged by a string of mysterious killings and a malicious vampire continues her quest for revenge. In the midst of it all, she is forced to choose between her love for Edward and her friendship with Jacob - knowing that her decision has the potential to ignite the ageless struggle between vampire and werewolf. With her graduation approaching, Bella is confronted with the most important decision of her life. Rated PG-13 (intense sequences of action and violence, and some sensuality) 124 minutes.

GROWN UPS

(Adam Sandler, Maria Bello) The death of their childhood basketball coach leads to a reunion for old friends who gather at the site of a championship celebration from years ago. Picking up right where they left off, the buddies, with their wives and children in tow, discover why age does not necessarily equal maturity. Rated PG-13 (crude material including suggestive references, language and some male rear nudity) 90 minutes.

PLAYING THIS WEEK

Heidelberg, Patrick Henry Village

July 1 - TOY STORY 3 (G) 7 p.m.
 July 2 - GROWN UPS (PG-13) 7 p.m.; KNIGHT AND DAY (PG-13) 9:30 p.m.
 July 3 - GROWN UPS (PG-13) 4 p.m.; DEATH AT A FUNERAL (R) 7 p.m.; KNIGHT AND DAY (PG-13) 9 p.m.
 July 5 - THE LOSERS (PG-13) 7 p.m.
 July 6 - GROWN UPS (PG-13) 7 p.m.
 July 7 - KNIGHT AND DAY (PG-13) 7 p.m.
 July 8 - THE TWILIGHT SAGA: NEW MOON (PG-13) 9:30 p.m.; THE TWILIGHT SAGA: ECLIPSE (PG-13) midnight

Mannheim, Schuh

Theater closed until July 16.

Vogelweh, Galaxy

July 2 - TOY STORY 3 (G) 3 p.m.; DEATH AT A FUNERAL (R) 7 p.m.
 July 3 - TOY STORY 3 (G) 3 p.m.; DEATH AT A FUNERAL (R) 7 p.m.
 July 4 - TOY STORY 3 (G) 3 p.m.; 7 p.m.

Ramstein, Gateway Movieplex

July 1 - KICK ASS (R) 11:30 a.m., 2:15 p.m., 5 p.m.; OCEANS (G) 11:15 a.m., 1:30 p.m., 4 p.m.; BROOKLYN'S FINEST (R) noon, 2:30 p.m., 4:45 p.m.; DIARY OF A WIMPY KID (PG) 11 a.m., 2 p.m., 4 p.m.
 July 2 - GROWN UPS (PG-13) 11 a.m., 2:30 p.m., 2:45 p.m., 6 p.m., 8 p.m.; KNIGHT AND DAY (PG-13) 11:30 a.m., 2:30 p.m., 5:30 p.m., 8:30 p.m.; DEATH AT A FUNERAL (R) 3 p.m., 9 p.m.; THE LOSERS (PG-13) 11:15 a.m., 6 p.m.
 July 3 - GROWN UPS (PG-13) 11 a.m., 1:30 p.m., 3:45 p.m., 6 p.m., 9 p.m.; KNIGHT AND DAY (PG-13) 11:30 a.m., 2:30 p.m., 5:30 p.m., 8:30 p.m.; DEATH AT A FUNERAL (R) 3 p.m., 9 p.m.; THE LOSERS (PG-13) 11:15 a.m., 6 p.m.
 July 4 - GROWN UPS (PG-13) 11 a.m., 1:30 p.m., 3:45 p.m., 7:30 p.m.; KNIGHT AND DAY (PG-13) 11:30 a.m., 3:30 p.m., 6:30 p.m.; DEATH AT A FUNERAL (R) 6 p.m.; THE LOSERS (PG-13) 11:15 a.m., 3 p.m.
 July 5 - GROWN UPS (PG-13) 11 a.m., 1:30 p.m., 3:45 p.m., 7:30 p.m.; KNIGHT AND DAY (PG-13) 11:30 a.m., 3:30 p.m., 6:30 p.m.; DEATH AT A FUNERAL (R) noon, 3 p.m., 7 p.m.; THE LOSERS (PG-13) 11:15 a.m., 3:45 p.m., 6:30 p.m.
 July 6 - GROWN UPS (PG-13) 11 a.m., 1:30 p.m., 2:45 p.m., 7:30 p.m.; KNIGHT AND DAY (PG-13) 11:30 a.m., 3:30 p.m., 6:30 p.m.; DEATH AT A FUNERAL (R) noon, 3 p.m., 7 p.m.; THE LOSERS (PG-13) 11:15 a.m., 3:45 p.m., 6:30 p.m.
 July 7 - GROWN UPS (PG-13) 11 a.m., 1:30 p.m., 3:45 p.m., 7:30 p.m.; KNIGHT AND DAY (PG-13) 11:30 a.m., 3:30 p.m., 6:30 p.m.; THE LOSERS (PG-13) 11:15 a.m., 15:45 p.m., 6:30 p.m.
 July 8 - CLOUDY WITH A CHANCE OF MEATBALLS (PG) 12:30 p.m., 3:30 p.m., 6:45 p.m.; DEATH AT A FUNERAL (R) noon, 3 p.m., 7 p.m.; THE LOSERS (PG-13) 11:15 a.m., 3:45 p.m., 6:30 p.m.

THEATER INFORMATION

Patrick Henry Village, Heidelberg, 06221-27-238
 Schuh Theater, Mannheim, 0621-730-1790
 Galaxy Theater, Vogelweh, 0631-50017
 Gateway Cineplex, Ramstein, 06371-47-5550
 Visit www.aafes.com for updated listings and more movie descriptions

community HIGHLIGHTS

COLA decreasing for Soldiers

Beginning with Soldiers' June end-of-month pay, the cost of living allowance will decrease by about 33 percent. The COLA rate set by the Defense Department is a result of the stronger U.S. dollar against most European currencies. The dollar started to gain strength against the euro in May and has continued to trade near four-year highs against the main European currency. To determine your COLA rate, go to the Overseas COLA Calculator at www.defensetravel.dod.mil/perdiem/octform.html.

Army Europe Libraries

Army Europe Libraries continues its "Conversations" series in July with Judy Sierra, best-selling and beloved children's book author of "Wild About Books" and "The Sleepy Little Alphabet." Sierra will visit garrison libraries across Europe to engage with children and their families with readings from her work, discussions and writing workshops. The events begin at 5:45 and 7 p.m. and are free and open to all U.S. service members and their families. Sierra will be in Heidelberg July 12 and Kaiserslautern July 14.

2010 Lean Six Sigma Awards

Installation Management Command-Europe officials announced garrisons across Europe have until July 22 to submit entries for the 2010 Lean Six Sigma Excellence Awards Program. DSN 370-7594.

Technology Expo

The 43rd Signal Battalion will host a technology expo 10 a.m.-4 p.m. July 30 at the Campbell Barracks Fitness Center. Free to all military, civilian and contractor personnel. Free refreshments and giveaways available while supplies last. Civ. 001-443-561-2438, Miriam@nsci.com.

Primary Elections

The following states will hold primary elections during the months of July and August.
July 20: Georgia
July 27: Oklahoma
August 3: Kansas, Michigan, Missouri
August 5: Tennessee
August 10: Colorado, Connecticut, Minnesota
August 17: Washington, Wyoming
The FPCA ballot application and instructions for the above states are available at www.frap.gov/FPCA.

local EMPLOYMENT

ACAP Counselor

The Army Career and Alumni Program is seeking a full-time ACAP counselor for positions in Heidelberg. Applicants must have a master's degree, logistical support, be computer literate, and have a minimum of two years experience in job assistance, career or employment counseling, teaching, training or a related field. Submit resume to Julie.e.hodge@eur.army.mil. DSN 370-7545, civ. 06221-57-7545.

Child Care Professionals

Family Child Care of Heidelberg is recruiting family members who want a professional career with the benefit of working in their home. Requirements are enjoying children and the determination to succeed. Training and assistance will be provided at no cost. Civ. 06221-338-9378.

KAISERSLAUTERN Education

• **English Classes** - Army Community Service will be rescheduling English as a Second Language classes. Both beginner classes and intermediate classes will not be offered now through Aug. 2. Intermediate classes will start back Aug. 6, and beginner classes will start back Aug. 9. DSN 493-4064, civ. 0631-3406-4064.

• **Anger Management** - Anger Management classes are offered 11 a.m. Mondays and 3 p.m. Thursdays. Classes will be held on Pulaski Barracks, Bldg. 2917. DSN 493-4332, civ. 0631-3406-4332.

Community

• **Quilt Guild** - There will be a Rhineland-Pfalz Quilt Guild meeting 9:30 a.m. July 15. Immediately after the meeting there will be a class on the Baltimore Album Series. No. 1 with Shirley Herzer at Ramstein North Chapel noon-3 p.m. The Rhineland-Pfalz Quilt Guild meets 9:30 a.m. every third Thursday of the month at the Ramstein North Chapel and 6 p.m. every fourth Thursday of the month at the KLSA building in Pulaski Barracks. info@rpgg.eu.

• **Vacation Bible School** - The chaplain's office will host Vacation Bible School 9 a.m.-noon July 19-23 at Landstuhl Elementary and Middle schools. DSN 493-4098, civ. 0631-3406-4098. Registration: <http://vbs2010.eventbrite.com> Password: kaiserslautern.

• **Sex Signals Training** - "Sex Signals," an Army-sponsored interactive play on how to deal with sexual assault will be at the Galaxy Theater on Vogelweh July 20. There will be three shows; 9:30 a.m. for Soldiers; 1:15 p.m. for DOD civilians and 3 p.m. for dependents and family members. All attendees must be 18 years of age or older. DSN 493-4615, civ. 0631-3406-4615.

• **Breakfast Buffet** - During the month of July Armstrong's Club Sunday breakfast buffet will only be available July 25. DSN 489-6000, civ. 0631-534-9922.

• **EFMP Enrollment** - Enrollment is underway for the Exceptional Family Member Program's Summer Camp. Camp dates are Aug. 16-20. There are only 12 slots available. Application does not guarantee enrollment. Camp registration is now through July 15. DSN 493-4094, civ. 0631-3406-4094.

• **Lending Closet** - If you are new to Germany or leaving Germany and need to borrow some household items, stop by Army Community Service on Pulaski Barracks in Bldg. 2891 and visit the lending closet. They have everything from kitchenware to cribs to hot water heaters. DSN 493-4057, civ. 0631-3406-4057.

• **SKIES Unlimited** - SKIES Unlimited is now offering "ABC Music and Me." This program is open for children enrolled in a child care or pre-kindergarten program and is based on early language and literacy development through music and story time. DSN 493-4516, civ. 0631-3406-4516.

HEIDELBERG Education

• **ACS Classes** - RESUMIX, 9 a.m.-noon July 6; Life in Balance, 1-3 p.m. July 6; Resume Writing, 9 a.m.-noon July 7; Warrior Transition Unit-Relaxation Techniques, 10 a.m.-noon July 8 and From Couplehood to Parenthood, 1-3 p.m. July 8. www.mwrgermany.com/hd/acs.

• **School Orientation** - Heidelberg Middle School will host a school orientation for families of students in grades six through eight who are new to the Heidelberg area at 10:30 a.m. Aug. 27 in the school's multi-purpose room. DSN 388-9310.

Community

• **Road Construction** - Traffic flow on Speyerstrasse near Patton Barracks has changed. Lanes coming from Heidelberg and lanes leading into Heidelberg have been redirected around the bridge on the Burger King side. As a result, traffic coming from Heidelberg can no longer make a left turn into Patton. Motorists will need to travel to the next stoplight, and use the traffic circle near ADAC to go back to Patton. Expect construction to continue through October.

• **Volksmarches** - The Heidelberg International Wandering Club will host volksmarches July 3-4, Malsch, Wiesbaden-Naurod (Sunday only); and July 7, Bad Duerkheim. Sign up available now for a weekend trip to Bamberg Aug. 14-15. There will be a meeting July 13 at the SG Gasthaus in Ottersheim. www.hiwc.de, hiwc@yahoo.com.

• **Lion's Den Summer Activities** - Join the Lion's Den for some summer fun. Sign-up is available now for the following activities; July 10, swimming and barbecue; July 10, swimming with City Cult; July 14, fishing; July 17, rollerskating; July 21, Phantasieland; July 28, Alpine Towers and Aug. 10, visit World War II sites with City Cult. www.mwrgermany.com.

• **Vacation Bible Camp** - The U.S. Army Garrison Baden-Württemberg Chaplain's office is sponsoring a "Rainforest Kids" vacation bible camp 9 a.m.-noon Aug. 2-6. Registration starts July 1. DSN 373-8238.

• **Teen Summer Reading Program** - The PHV Library presents the 2010 Teen Summer Reading Program Survival on Book Island. Teens can earn prizes for reading. Kick-off is 2 p.m. July 1. Closing celebration is

2 p.m. July 28. www.mwrgermany.com.

• **Cheap Eats** - Heidelberg BOSS will host a "Cheap Eats" cooking class 6-8:30 p.m. July 21 in the Warrior Zone Kitchen on Patton Barracks. Learn how to cook great meals quickly and on a budget. Discover that "molto bene" taste and learn awesome ways to cook delicious Italian cuisine.

• **Free Car Donation** - You can donate your car to the Auto Crafts Center on Tompkins Barracks for free now through August. The Auto Crafts Center can accept your vehicle, take care of paperwork and provide you with proper paperwork to deregister it, free of charge. Tompkins Auto Skills is located in Bldg. 4226. Operating hours are 1-9 p.m. Wednesday and Thursday; noon-8 p.m. Friday; and 9:30 a.m.-6 p.m. Saturday, Sunday and training holidays. The center is closed Mondays, Tuesdays and American holidays. DSN 379-6181.

• **Christmas in July** - Throughout the month of July the Arts and Cultural Center will offer various classes, events and discounts to give you a jump start on creating your holiday gifts. DSN 388-9419.

• **Water Sampling** - The Department of public works and public health command personnel will collect routine lead and copper drinking water samples. Sampling points are selected randomly and selected individuals will be informed. Civ. 0162-2700815.

MANNHEIM Education

• **Red Cross Classes** - The following classes are being offered: Adult, Child and Infant CPR/AED (with first aid course following for participants of baby sitter training) 8 a.m.-5 p.m. July 10 in Bldg. 242. CPR/AED for professional Rescuer Course 8 a.m.-4 p.m. July 24, cost is \$50 (includes workbook, material and breathing barrier mask) in Bldg. 242. Scholarships are available. Registration: DSN 385-1760, civ. 0621-730-1760.

• **Mannheim Elementary School Summer Hours** - The business hours for Mannheim Elementary School are Monday-Friday 7:30 a.m.-4 p.m. The office is closed for lunch noon -12:30 p.m. Registration office hours are Monday-Friday 8 a.m.-4 p.m., and the office is closed for lunch noon -12:30 p.m. DSN 380-4705, civ. 0621-730-4705.

Community

• **Traffic Pattern** - The traffic pattern has temporarily changed on Benjamin Franklin Village and Sullivan Barracks through July 11 to allow for fest patron parking. Community members trying to get to the library, bank, law enforcement center, ACS, USO, housing and the

Central Processing Facility need to make a left turn at the Washington Street and Lincoln Street junction and go via Veterans Way. Exit is only possible via Jackson Street to Wasserwerkstrasse and CPT-Riley-L. Pitts-Way.

• **Car Care Center** - The Car Care Center, which includes a shoppette on Taylor Barracks, is now closed on Saturdays. Opening hours are Monday-Friday 7:30 a.m.-6 p.m.

• **Postal Renovations** - Renovations on Consolidated Mail Room 437 will run July 1-Aug. 2. CMR 437 will relocate to Bldg. 804 on Funari Barracks for package pick-up. The BFV Army Post Office will relocate to Postal Service Center Sullivan located at Bldg. 2418, Aug. 22.

• **Sullivan Dining Facility** - The dining facility on Sullivan Barracks will reopen for service July 6.

• **Right Arm Night** - There will be a right arm/bring your boss night 4-7 p.m. July 7 in the fest tent on the Benjamin Franklin Village fest grounds. Enjoy door prizes and free finger food. DSN 385-3549.

• **Vacation Bible School** - The Religious Service Office will host Vacation Bible School 9 a.m.-3 p.m. July 15-17 at the Benjamin Franklin Village Chapel. This year's theme is "High Seas Expedition." Volunteers are needed. The program is free but registration is required. Register at the BFV Chapel or online: <http://mannheim2010.eventbrite.com>. Password: mannheim. DSN 493-4660

• **Unit Victim Advocate Training** - There will be Unit Victim Advocate training for selected unit representatives 8:30 a.m.-4:30 p.m. July 19-23 at the USO facility Bldg. 254. Additional sexual assault training for entire units will be available 8:30-4:30 p.m. July 21 at the USO and 10:30-11:30 p.m. July 28 at the Coleman Barracks Chapel. DSN 385-3336, civ. 0621-730-3336

• **Law Center Moving** - The Law Center will also relocate to Bldg. 244 on Sullivan Barracks in July. Clients requiring legal assistance services will need to contact the law center in one of the surrounding garrisons. The primary mission of the Law Center will be military justice and administrative law support to unit commanders. Basic notary services and powers of attorney will still be available. The new office hours, location, and telephone numbers will be published once the move is completed.

• **AAFES Vision Center** - The AAFES Vision Center on Coleman Barracks will close Aug. 1. To minimize the inconvenience to customers, the hours of the optical shop at the Heidelberg Shopping Center will be extended to include Mondays.

Summer Slam to be a hit

Military community members around Europe prepare for annual tournament in Heidelberg

By Jonathan Ochart
HERALD POST INTERN

Sunscreen, water and cheering voices are just three things to bring to Heidelberg's 19th annual Summer Slam July 16-18, where several softballs will soar and basketball nets will swoosh.

Although participants, who must be ID card holders ages 18 and above, come from various countries such as Germany, Italy, the U.K. and Belgium, they all share a love for sports.

"It's a great way of getting everyone together for a sporting event, because they know the best teams will be there," Heidelberg Sports and Fitness Chief Michael Criswell said.

During Summer Slam, spectators can enjoy seeing members of various installations representing their communities by overcoming athletic challenges.

Events include men's and women's basketball and softball, racquetball and beach volleyball and will take place on Patton, Campbell and Tompkins barracks.

After long days of physical feats, participants and spectators can repose in their tents while camping out near the gyms on Patton and Tompkins barracks. If setting up a tent after a day of intense physical action fails to meet one's tastes, the Patrick Henry Village Guest House has blocked off certain rooms for competitors and their families as well.

According to Criswell, Summer Slam "is heavily viewed." Last year, about 2,500-3,000 athletes and spectators participated in the three-day event. While many individuals come to watch the athletic games, activities appealing to various age groups will also take place.

"There's a lot for kids to do,

The poster for the 19th Annual Summer Slam Heidelberg '10 Germany is vibrant and detailed. At the top, it features the MWR logo and the website MWRGERMANY.COM. The central graphic is a large, stylized 'S' containing the text '19th ANNUAL SUMMER SLAM' and 'HEIDELBERG '10 GERMANY'. Below this, the dates 'July 16 - 18' are prominently displayed. The poster lists four main sports categories with their respective rules and costs: Beach Volleyball (2 & 4 Person teams, \$10 per person), Racquetball (Men's & Women's A, B, Novice, Senior, Master Open, \$10 for the first category), Basketball* (\$250 per team, limited to 8 men's and 4 women's teams), and Softball* (\$250 per team, limited to 8 men's and 8 women's teams). It also includes a pre-registration deadline of July 9 for ID cardholders 18 and older, and a note about free camping at Patton or Tompkins Fitness Centers.

which helps a parent when the other one is playing," Criswell said. The USO, for instance, will provide a mobile canteen offering children entertainment.

"To me, the best part about Summer Slam is the satisfaction I get from seeing the winning team after camping all weekend and being called the best of the best," Criswell said.

Those wishing to form basketball and softball teams, as well as to play beach volleyball, must contact Thomas Benson at DSN 373-8032, civ. 06221-17-8032 in

order to gain a place on the playing list. If interested in participating in the racquetball tournament led by resident Racquetball expert James Johnson, individuals may register online at www.r2sports.com/tourney/home.asp?TID=7152.

Whether taking part in an intense match or simply wishing to witness one, head out to Summer Slam July 16-18 for countless amounts of fun and games.

For more information about the event, contact Michael Criswell at DSN 373-7998, civ. 06221-17-7998.

Mannheim Duathlon

U.S. Army Garrison Mannheim's seventh annual duathlon took place Saturday starting with a 10-kilometer bike ride and ending with a 5-kilometer run. First place in the adult male category was Alex Cornelius with Brandy Dozier leading the way for adult females. In the youth category, Adam Cornelius and Jasseli Guiterrez took top honors.



staying ACTIVE

Charity Golf Event

The Mobotix corporation will host a charity golf event July 10 at the Donnersberg Golf Club just north of Kaiserslautern. The proceeds from this event will benefit the Kaiserslautern American German Business Club scholarship program. There are a limited number of spots. Registration: trevor.holt@mobotix.com.

Army 10-Miler Qualification Race

The qualification race for Soldiers wanting to compete on the U.S. Army Europe 10-Miler team is set for July 10 at U.S. Army Garrison Grafenwoehr. The top 12 active-duty Soldiers (six each in the men's and women's divisions) will be nominated to represent U.S. Army Europe during the Oct. 24 Army 10-Miler in Washington, D.C. Participants can register online. <https://webtrac.mwr.army.mil/webtrac/Grafenwoehrretractrac.html>. DSN 379-7667, civ. 06202-80-7667.

Swim Camp

The Heidelberg Sea Lions are hosting two swim camps this summer, July 12-16 and Aug. 2-6. Registration is now open. The swim camps are for swimmers with little or no competitive swimming experience and for those with experience. www.heidelbergsealions.com, efslsealions@yahoo.com.

Tennis Tournament

Registration is now through July 14 for the U.S. Forces Europe Tennis Championships July 16-18 at the Heidelberg Tennis Center. Categories are men's, women's, doubles and mixed doubles. DSN 388-9037. www.mwgermany.com.

Unit-Level Softball Championships

Kaiserslautern's top six unit-level garrison softball teams will compete 6 p.m. July 19-22 at the Kaiserslautern Army Depot Sports Field. DSN 493-2087, civ. 0631-3406-2087.

Sports Physicals

Mannheim – The Mannheim Army Health Clinic will offer sport and school physicals for Child, Youth and School Services and the upcoming school year 8-11:30 a.m., 1-4 p.m. and 6-8 p.m., July 22 and Aug. 12. Bring complete shot records and the CYS Sport Physical Form to your appointment. DSN 371-2622, civ. 0800-914-6133.

Heidelberg – The Heidelberg Health Center Pediatrics Department will offer a one-day Sports Physical Day July 31. Patients will be seen by appointment only and only for sports physicals – no other care will be provided. Appointments are now open: DSN 371-2622, civ. 06221-17-2622.

Golf Tournament

The Heidelberg Golf Club hosts its annual Heidelberg Open 7:30 a.m. July 31- Aug. 1 at the Heidelberg Golf Course in Oftersheim. Tournament is open to the first 144 paid participants. Sign up deadline is July 23. DSN 379-6139, civ. 0620-253-767

Golf Scramble

Every Wednesday the Heidelberg Golf Club hosts a weekly golf scramble at 6:30 p.m. now through Aug. 4. Registration starts at 4 p.m. and is limited to the first 60 paid participants. \$10 for annual green fee patrons and \$10 for guests plus twilight fee. DSN 379-6139.

Free Yoga Class

Enjoy a free yoga class 5:15-6:15 p.m. every Monday at Sullivan Barracks Fitness Center in Mannheim. Towels and mats provided.

Spin Class

The Sullivan Barracks Fitness Center in Mannheim is looking for participants interested in attending a weekly spin class on Sundays at 2 p.m. Class must have at least 10 participants. DSN 385-3149.